

READING UNIT 5

 Przeczytaj teksty (A-D). Uzupełnij luki (1-4) zgodnie z treścią tekstu (A-D) tak, aby jak najbardziej precyzyjnie oddać ich sens. Luki należy uzupełnić w języku angielskim. W każdą lukę można wpisać maksymalnie dwa wyrazy.

Tekst A

Common problems of college students in our state

- 1 Social anxiety and panic attacks.
- 2 Family problems.
- 3 Lack of motivation and low self-esteem.
- 4 Relationship difficulties.

Tekst B

Don't suffer in silence!

Here at *Talk to Us*, we believe it's better to discuss problems rather than worry about them at all times. We have counsellors and psychologists who can get back to you with advice on anything that is on your mind. Maybe it's minor – you need to vent your frustration at your flatmate. Maybe it's major – a relationship is on the rocks. We can help with all kinds of problems!

Are you getting wound up over something you don't know how to handle? Set up a private chat with one of our specialists and get some ideas on how to deal with a conflict on any level. We also organise face-to-face meetings. Check out how WE can help YOU.

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Tekst C

TO: robert_parker@mail.axz

Dear Mr Parker,

Thank you for your support in finding appropriate rooms in your college for meetings with your students arranged this week. It is really appreciated.

Our experts, Jonas Walker and Maria Turner, will arrive at 9.00 on 3rd, 4th and 5th October. They will be able to consult students who have booked an appointment from 9.30 to 3.30. Then there is some extra time for any 'walk-ins'. Our organisation also offers courses for teachers on how to recognise when students are experiencing problems and advise them on dealing with these at an early stage.

Best regards,

Naomi Jarvis, *Talk to Us*

Tekst D

Hanna: I got some great advice from that online website about problems with my brother, Jackson!

Chris: Yes, you and he have been quarrelling for months now, haven't you?

Hanna: He's just been giving me the silent treatment since we had that fight back in May. I've tried to apologise, but he won't listen to me. Anyway – the Talk to Us counsellor, Maria, listened to me and suggested I write to my brother telling him how I feel.

Kelly: @Hanna Wow – interesting!

Hanna: It worked! I wrote down all my reasons and feelings and we're back talking now!

@Chris @Kelly I went online for a chat, but the guys are coming to our college soon.

You can go and chat face-to-face if it's easier.

Chris: @Hanna You know, I might do that. My parents and I are having loads of rows at the moment.

Kelly: @Chris Go for it!

Hi Annie,

I just wanted to let you know that I went to see the psychologist at our college today.

We talked about the problems I've been having with my mum and dad recently.

Remember, they (1) a lot and it is really getting me down.

Apparently, my problem is quite common among students in our state (yet not as

common as feeling (2) about social situations and worrying about

being judged by others). Talk to Us has got a good website too if people want to (3)

 , like my friend Hanna did. The psychologist and counsellors can

help with problems linked to (4) with friends and family members.

I'll send you the link if you need it!

Cheers,

XYZ