

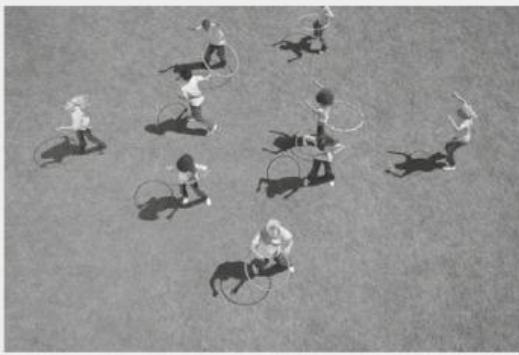
Modal verbs

1 Match the sentence halves.

- 1 If you want to get fit, c
- 2 Too much sugar
- 3 At primary school, we had to
- 4 When I was young, I
- 5 You don't have to exercise every day;
- 6 We were able to finish the worksheet
 - a just a few times a week is enough.
 - b couldn't eat eggs because they made me ill.
 - c you must exercise regularly.
 - d have our lunch at the same time every day.
 - e can be bad for you.
 - f because the teacher gave us extra time.

2 Choose the correct option to complete the text.

Are you looking for a fun new sport? Then why not try hula hooping? This is an easy and cheap sport that **1 can/can't** help you to get fit. You **2 mustn't/don't have to** have any special equipment – except for a hoop of course. You **3 have to/can't** have enough space to move the hoop, but that's it! The aim of hula hooping is simple: you **4 must/don't have to** move your body in circles to keep the hoop moving around your waist. It's harder than it sounds! I tried it at a class last week. At first, I **5 didn't have to/wasn't able to** keep the hoop up for more than a few seconds. But I kept trying and eventually I found that I **6 can/could** do it! Go on, give it a try!



Gerunds and infinitives

3 Choose the correct option.

1 To go/Going on holiday is more fun than staying at home.

2 My friends suggested to go/going ice skating this weekend.

3 It's important to eat/eating a balanced diet.

4 Ester went to the library to get/getting some books for her project.

5 I usually relax by to read/reading a good book.

6 My parents were delighted to hear/hearing that my brother passed all his exams!

4 Complete the sentences with the gerund or infinitive form of the verbs in brackets.

1 Elif didn't want _____ to go _____ (go) for a bike ride, so she stayed at home.

2 _____ (have) friends is more important than money.

3 If you learn _____ (speak) a foreign language, it can be useful when you travel.

4 I'm looking forward to _____ (try) this lasagne you made – it smells amazing!

5 Chris doesn't enjoy _____ (practise) the guitar, although he likes playing it.

6 My dad promised _____ (take) us swimming at the weekend.

7 Kim is really good at _____ (play) the drums.

8 My cousins are hoping _____ (move) to Canada when they're older.

