

Exercise 1: Choose the word whose underlined part differs from the other three in pronunciation.

1. A. hate B. air C. chair D. hair
2. A. prepare B. carry C. share D. fair
3. A. parent B. reindeer C. upstairs D. careful
4. A. racket B. skateboard C. games D. player
5. A. favorite B. animal C. channel D. programme
6. A. baseball B. fantastic C. travel D. match
7. A. exercise B. basket C. tennis D. ending

Exercise 2: Fill in the blanks with the words given.

competitions

goggles

exercise

champion

football

1. My favourite team is Ha Noi AFC.
2. Doing regular is good for our health.
3. When you swim, you can wear to protects your eyes from water.
4. He couldn't take part in the sports at school.
5. We were so happy when our team became the

Exercise 3: Choose the correct answer to complete each of the following sentences.

1. My grandfather _____ jogging every morning.
A. does B. goes C. plays D. takes
2. Remember to bring your _____ when you go swimming.
A. goggles B. rackets C. bicycles D. sneakers
3. Kelly: "You won the first prize. Congratulations!" Susan: " _____ "
A. You do, too. B. That's great. C. Good luck. D. Thank you.
4. _____ after you eat a big meal. It's not a good idea.
A. Exercising B. Not exercise C. Exercise D. Don't exercise
5. He's a good player. I think he'll _____ the competition.
A. lose B. take C. win D. beat
6. I enjoy watching football _____ on TV.
A. sports B. matches C. races D. rides

Exercise 4: Choose the best answer to complete each of the following sentences.

1. Daisy _____ swimming with her friends last weekend
A. went B. go C. is going D. goes
2. Terry _____ any sports when he was in grade 5.
A. don't play B. didn't played C. doesn't play D. didn't play
3. _____ there Olympic Games in 2017?
A. Is B. Are C. Was D. Were
4. At the weekend we can play a _____ of badminton or join in a football match.
A. sport B. game C. match D. ball
5. Football is an _____ game.
A. outdoor B. away C. individual D. out
6. Kien is not very _____. He never plays games.
A. sport B. sporting C. sporty D. badly
7. Thanh likes _____ weather because he can go swimming in the river.
A. hot B. cold C. rainy D. raining
8. Vietnamese students play different sports and games _____ break time.
A. in B. on C. during D. while
9. Because it doesn't snow in Viet Nam, we cannot _____ skiing.
A. play B. go C. do D. doing
10. I like _____, so I will save money to buy a good bicycle.
A. jogging B. swimming C. cycling D. skiing
11. They don't allow players to use hands in _____, except goalkeepers.
A. volleyball B. football C. basketball D. baseball
12. In _____, you need to knock down all the pins.
A. badminton B. tennis C. table tennis D. bowling
13. I like _____ morning exercise because it keeps me healthy.
A. doing B. playing C. walking D. jumping
14. _____ is a rope pulling game, and it requires strength.
A. Skateboarding B. Roller skating C. Tug of war D. Skipping
15. Many girls and women _____ aerobics to keep fit.
A. play B. go C. do D. have
16. It's very _____ to swim there. The water is heavily polluted.
A. safe B. unsafe C. unpopular D. popular
17. – "_____ do you go to the gym?" – "By bus."
A. What B. How C. Why D. How often
18. – "What's your favourite _____?" – "I like swimming."
A. subject B. game C. sport D. football
19. William is very fit - he runs five kilometres every day.
A. fit B. tall C. smart D. shy
20. The two _____ greeted the audiences before the match started.
A. teams B. games C. competitions D. sports

Exercise 5: Fill in each blank with the simple past form of the verb:

go win see buy enjoy

1. I you at the gym last Sunday.
2. At the age of 17, Pele his first World Cup.

3. Last summer, my family to Nha Trang. 4. We really the game last Saturday.
5. I a new shirt last week.

Exercise 6: Mark the letter A, B, C, or D to indicate the word or phrase that is OPPOSITE in meaning to the underlined part in each sentence.

6. It's dangerous to go hiking alone.
A. risky B. unsafe C. scary D. safe
7. We enjoy indoor games on rainy days.
A. inside B. outdoor C. internal D. interior
8. Many young people are interested in watching football matches.
A. fond of B. into C. bored with D. crazy about
9. Three keys to succeeding in sports are good instruction, practice and repetition, and most importantly - trust in your skills.
A. defeating B. failing C. success D. achieving
10. Do you prefer individual sports?
A. personal B. alone C. separate D. team