



## Apprentices and Interns: Learning on the Job

When young people start thinking about their careers, they often hear about apprenticeships and internships. These are two great ways to gain work experience, learn new skills, and build a professional network. Let's explore what they are, how they work, and why they are important for your (1).....

An **apprenticeship** is a program where you learn a trade or profession by working and studying at the same time. It is common in fields like carpentry, (2)....., mechanics, and even healthcare. Apprentices work under the (3)..... of experienced professionals, learning hands-on skills they can use in their careers.

For example, if you want to become a chef, you can join an apprenticeship program at a (4)..... While working in the kitchen, you learn how to prepare dishes, manage time, and use different cooking techniques. At the same time, you attend (5)..... to study food safety and nutrition.

Apprenticeships usually last from one to four years, depending on the field. They often lead to a qualification or certificate that shows you are ready to work independently.



An **internship** is a short-term opportunity to gain experience in a specific job or industry. Interns often work in offices, labs, or other (6)..... to learn how things operate. Unlike apprenticeships, internships are usually focused on learning rather than earning a qualification.

For example, if you are studying marketing at (7)....., you can get an internship at a marketing agency during your summer break. You can help design social media posts, attend team meetings, and learn how to plan advertising campaigns. This experience helps you decide if marketing is the right career for you.

Internships typically last a few weeks to a few months. Some are paid, but others are unpaid. Either way, they are a valuable way to explore your career options.

Both apprenticeships and internships help you gain (8)..... experience that you can't learn in a classroom. They also let you try out a job before committing to it as a career. You can discover what you enjoy, what you're good at, and what challenges you might face.

These programs also help you build your (9)..... Meeting professionals in your field can lead to job opportunities in the future. Employers often prefer hiring someone who has already proven their skills during an apprenticeship or internship.

Apprenticeships and internships are excellent ways to prepare for your future. They let you learn, grow, and explore your career options while (10)..... real-world experience.

### Word Bank

practical, restaurant, future, studies, network, classes, gaining, guidance, plumbing, workplaces, university