

4. What does **turn over a new leaf** mean?
  - a) Start a new chapter in a book.
  - b) Make a fresh start and change for the better.
  - c) Rearrange the furniture.
5. What does **in better terms** mean?
  - a) To say something more clearly or simply.
  - b) To come up with a better idea.
  - c) To use a dictionary.

***Put the words in the correct order to make a meaningful sentence:***

1. lazy / a / been / I've / such / couch potato / lately.
2. had / of / we / a / whale / time / the / at / beach!
3. decided / to / turn / I / a / new leaf / over / and / start exercising.
4. socks / pull / your / you / need / up / grades / your / if / improve.
5. better / could / you / explain / terms / it / in?

***Write one sentence for each of the phrases:***

- **A couch potato:**
- **Have a whale of a time:**
- **Turn over a new leaf:**
- **Pull your socks up:**
- **In better terms:**

***Discuss the following questions with a partner or in a group:***

1. Have you ever been a couch potato? When and why?
2. When was the last time you had a whale of a time?
3. Have you ever turned over a new leaf? What did you change?
4. Do you think it's important to pull your socks up in difficult situations? Why?