Passport language centers

First (real) Conditional

A. Match the halves

If Ana and Hugo go out tonight,	we'll go to the beach
If it rains this weekend	Dad will be really angry!
If we have a party,	Will you take care of me?
If I'm sick,	we'll give you a gift for sure
If we eat out tonight,	what will you make?
If you throw a party	They'll go to the cinema
If Mom does that again	I'll wear a cap to the office
If it's sunny this weekend,	won't she come?
If you cook tonight,	will you come?
If I invite her,	where will we go?

B. Read the text and then answer the questions.

Positive Mindset

What if you stop crying about anything? If you start thinking in a positive way you will be able to get what you dream of. For instance, when you wake up, think for a moment about what you will do differently that day. If you keep that thought as a goal, for sure, you will get something done or even achieve it.

So, why not leave negative thoughts behind. If you change your mindset for a while, you will see how your reactions and ideas can be fresher. Try what most people complain about, do not run away. Will this try make you worse? Of course not! It'll make you better 'cause most people don't even want to try.

Finally, switch your bad habits for good ones. Sleep better, eat better, work better and if you do all that you will be a different person in a couple of days.

LIVEWORKSHEETS

Questions (write a full sentence using the first conditional when needed)

1. What will be the result of changing your habits?
   Answer: _____
2. What do you need to do to change your mindset?
   Answer: _____
3. What's the best thing to start your day if you want to have a positive mindset?
   Answer: _____

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