EXTREME LIVING

1. MATCH THE WORDS AND PHRASES IN THE BOX WITH THE PHOTOS Of EXTREME WEATHER (1-8)

a) High winds
b) Boiling
c) Snowstorm
d) Hail
e) Freezing
f) Heat wave
g) Thunder and lightening
h) ~~Heavy~~ rain 1



2. Answer:

A. **Which sentences in exercise 1 do you associate with:**

a) very hot weather?

b) very cold weather?

c) hot or cold weather?

B. **Do we have extreme weather or extreme temperatures in our city?**

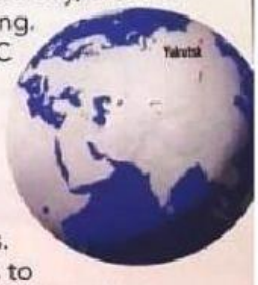
LIVEWORKSHEETS

FREEZING IN SIBERIA!



New post Comments

Yakutsk – the coldest town on earth. From November to March, it's only light for three or four hours a day, and the temperature hardly ever **rises** above freezing. The average daytime temperature is –30 °C and at night it sometimes **falls** as low as –60 °C. Now that's cold!



Life in the extreme cold is difficult. At –20 °C, the air freezes inside your nose. At –40 °C, you can't stay **outdoors** for more than ten minutes or your skin freezes. At –45 °C, the metal on your glasses sticks to your face! It often takes me half an hour to get ready to leave the house and another half an hour to take off all my warm clothes when I get home. I don't go out very much! People only walk short distances from one warm place to another. All activities happen **indoors** – from shopping to sports. A popular local sport is kyyly – a kind of jumping competition. It uses a lot of energy and it keeps you warm and strong. I try to do it three or four times a week. You need to keep fit when you live in **sub-zero conditions**!



In summer, Yakutsk is a different city. In June and July, it's the season of 'white nights', when the sky never gets dark, not even at midnight. The snow **melts** and the temperature rises to 30 °C and more, but most people are happy to have a heat wave after ten months of winter. Camping and barbecues are the favourite summer activities, with parties all night long. I can't wait for summer!

FACT *Yakutsk holds the record for the lowest ever recorded temperature: –64 °C*

1.1

READINg

Before you read

3- Look at the photos of the town of Yakutsk and write an X in the correct answer.

Where is Yakutsk?

a) about 450 kilometres from the South pole.
b) about 450 kilometres south of the Arctic Circle.
c) near the Equator.

What is special about it?

a) It is boiling hot
b) It's a warm place
c) it's the coldest place in the world

While you read

4- **Meg is a British student at the University of Yakutsk in Siberia, Russia. Read her blog and then write T (True) or False (F)**

a) The average temperatures in Yakutsk in winter are between -30°C and -60°C._____

b) It's only light for 3 or 4 hours a day during two months. _____

c) Life is very easy in Yakutsk__

d) The extreme cold affects people's bodies____

e) Meg needs ½ hour to take off all the warm clothes she needs to go outside. _____

f) People go shopping or practise sports indoors. ____

g) Kyyly helps you keep fit, warm and full of energy. ____

h) In summer there's daylight even at night. _____

i) In summer there are high temperatures and people can go outside to have barbecues or camp. _____

j) Meg prefers winter. ____

LIVEWORKSHEETS

After you read

5 WORDS FROM THE TEXT

Match the words and phrases from the blog with the definitions

1. Inside a house or building	**a) fall**
2. Outside a house or building	b) rise
3. Get lower	c) outdoors
4. Change from solid to liquid	d) melt
5. Get higher	e) indoors
6. When the temperature is less than 0°C	f) sub-zero conditions

LIVEWORKSHEETS