REGIONAL TRAINING CENTRE

DAV INSTITUTIONS, JHARKHAND ZONE-H

ICT – QUIZ on 29/12/2024

Participant Name :.....

School Name of the Participant:.....

WRITE YES OR NO FOR THE FOLLOWING QUESTIONS.

1. Do you spend more time on your cellphone than you do with your family and friends?

2. Do you feel anxious or irritable when you can't use your cellphone?

3. Do you use your cellphone when you're driving, even though you know it's dangerous?

4. Do you often neglect your work or school responsibilities because you're too busy using your cellphone?

5. Do you use your cellphone even when you're in places where it's not appropriate, like in a movie theater or during a conversation with someone?

6. Do you find yourself using your cellphone even when you're tired or need to sleep?

7. Do you have trouble concentrating on anything else other than your cellphone when you're using it?

8. Do you spend more money than you can afford on buying new phones or phone accessories?

9. Do you often lose track of time when you're using your cellphone?

10.Do you switch off your phone in a week?

LIVEWORKSHEETS