

STOP AND CHECK 2

Name: _____ Date of test: 26/12/2025

PART I. Cross (X) the letter A, B, or C in the table to indicate the correct answer to each question.

1: A: What type of TV show do you like? → B: _____

- A. Yes, I'd love to. B. I love sitcoms. C. I'd be happy to.

2. There's a _____ in the bathroom.

- A. shower B. dishwasher C. sofa

3. There _____ much light inside this room. Would you please open the windows?

- A. be not B. isn't C. aren't

4. A: _____ do you go to the gym? → B: "Three or four days a week."

- A. What time B. When C. How often

5. Choose the item that is NOT usually in the BEDROOM

- A. curtains B. wardrobe C. stove

6. Which is the odd one out?

- A. reality shows B. headache C. soap operas

7. A: How many rooms are there in your house? → B: _____

- A. My house is near the park. B. There are six. C. I like my room so much.

8. My girlfriend loves _____ swimming, but I hate the water!

- A. to go B. to do C. go

9: My mother _____ watching TV shows on the Internet.

- A. would like B. dislikes C. wants

10. Mandy hopes _____ her favorite actor one day.

- A. meeting B. to meet C. meet

11. We need clean clothes. Could you _____ before work?

- A. drop off dry clean B. drop the dry cleaning off C. drop of them

12. They think about the question and answer them _____.

- A. heavily B. carefully C. deeply

13. _____ do you play golf? → for a few hours.

- A. how long B. how healthy C. how well

14. You listen with your _____, and you walk with your _____.

- A. head/ arms B. eyes/ legs C. legs/ knees

15. Can you speak _____? I can't understand you

- A. slowly B. quickly C. noisily

II. Complete the text with the words from the box..

| | | | |
|--------------------|-----------------------|--------------------|-----------|
| A. exercise | B. habits | C. walk | D. |
| balanced | E. communicate | F. get | |
| G. wash | H. swimming | I. stressed | |
| | J. vegetables | | |

" To be healthy, it's important to eat a (16) _____ diet with fruits and (17) _____. Drink water instead of sugary drinks, and (18) _____ enough sleep for 7-8 hours each night. It's important to (19) _____ regularly, like walking, cycling or (20) _____. Try to move your body every day, even if it's just a short (21) _____. You should also (22) _____ your hands often to stay clean and stay safe. Relax when you feel (23) _____ and (24) _____ to your friends or family to stay happy. Try to help others when you can and always smile. Good (25) _____ make your body and mind strong and happy."