

3 COMPLETE THE SENTENCES

Use the idioms to complete the sentences, you may need to change the verb tense.

tighten one's belt	turn over a new leaf	kick the habit
start from scratch	get the ball rolling	cold turkey
hit the ground running	back to the drawing board	

1. It's completely ruined, so we'll have to _____.
2. He was a top performer at university, so he is expected to _____ in his new job.
3. I've had to _____ since I stopped working full-time.
4. Every year on January 1st, millions of people vow to _____ and then stop trying after just a week.
5. "Okay, let's _____," said the manager at the start of the meeting.
6. No coffee for me. I'm trying to _____.
7. Many small businesses are _____ because of the slow economy.
8. I quit smoking _____ 10 years ago, and I haven't had a cigarette since.
9. As soon as the CEO gave approval, the entire office started work on the project and _____, as everyone was fully prepared.
10. That's it! No more Facebook! I'm quitting _____!
11. I think we should go _____ with our design, and try to make it better this time.
12. Well, it's _____ for John – his proposal was rejected by the boss.
13. My New Year's resolution is to stop smoking. I need to _____.
14. He's shy, so he always waits for other people to _____.
15. My husband used to be lazy, but he _____ when he got a FitBit. Now he walks 10,000 steps every day!
16. Some experts believe it is better to buy an existing business rather than _____.