

**WORKSHEET**

Date: 22/12/2024  
PET 4-Unit 1



Teacher's  
feedbacks

**Task 1: Listen and write correct answer.****\*Questions 1 – 5**

Complete the form.

Write **NO MORE THAN THREE WORDS OR NUMBERS** for each answer.

**Survey Form**

Dealing with: **exercise** (*Example*)

**Time contacted:** 1.....

**Suburb:** 2.....

**Age Group:** 3.....

**Occupation:** 4.....

**Family:** 5.....

**\*Questions 6 – 10**

Complete the summary.

Write **ONE WORD ONLY** for each answer.

The subject undertakes exercise by regularly **6**.....

She does yoga in order to relax and **7**..... her

muscles. When she was younger, she would **8**.....,

and in the future, she may go **9**..... although that

will depend on whether she has enough **10**.....



**Task 2: Read the text and choose the correct answer (A, B, C, or D) for each question.**

## **Clothes Trends: Adapting to the Modern World**

Fashion trends have always reflected the culture and lifestyle of a particular time. In recent years, clothing trends have become a combination of personal expression, comfort, and sustainability. For many, comfort has taken center stage. With the rise of remote work, people now prioritize casual and functional clothing over formal attire. Items like oversized sweatshirts, loose-fitting trousers, and sneakers dominate wardrobes globally.

Another significant factor shaping fashion is sustainability. Fast fashion brands, which produce cheap and disposable clothing, have come under criticism for their impact on the environment. As a result, consumers are increasingly choosing eco-friendly options. Sustainable clothing brands, second-hand shops, and DIY fashion are now more popular than ever.

Technology is also influencing how we interact with fashion. Apps allow users to design custom outfits, while virtual fitting rooms help people try on clothes digitally before purchasing. These innovations make shopping easier and more personalized.

In the future, fashion trends are expected to blend technology with sustainability even further. For example, clothes made from recycled materials or smart fabrics that monitor health could become mainstream. Ultimately, fashion will likely continue to evolve alongside societal values and technological advancements.

**\*Questions:**

**1. What is one reason why people now prefer casual clothing?**

- A. It is more expensive than formal clothing.
- B. Remote work has made casual clothes more practical.
- C. Casual clothes are better for special events.
- D. Formal clothing is no longer available in stores.

**2. Why has fast fashion been criticized?**

- A. It is too expensive for most consumers.
- B. It does not last long enough.
- C. It harms the environment.
- D. It offers limited style options.

**3. What is one way technology is changing the fashion industry?**

- A. By reducing the need for sustainable materials.
- B. By creating more second-hand shops.
- C. By allowing people to try on clothes virtually.
- D. By replacing traditional clothing stores.

**4. What is a future trend mentioned in the text?**

- A. Clothes made from artificial leather.
- B. Fabrics that monitor health.
- C. Increased demand for formal clothing.
- D. Elimination of fashion apps.

**5. What best describes the main idea of the text?**

- A. Fashion trends are becoming more casual and expensive.
- B. Technology is slowing down changes in fashion.
- C. Fashion trends are influenced by comfort, sustainability, and technology.
- D. Sustainability is the only factor affecting modern fashion.



**Task 3: Complete the sentences with the **past simple** or the **past continuous** form the verbs.**

1. \_\_\_\_\_ (you/ listen) to the teacher when she \_\_\_\_\_ (explain) this exercise?
2. Linda \_\_\_\_\_ (have) a beautiful dream when the alarm clock \_\_\_\_\_ (ring).

3. The little boy \_\_\_\_\_ (fall) asleep while his mother \_\_\_\_\_ (read) him a story.
4. I really \_\_\_\_\_ (enjoy) my holiday last January. While it \_\_\_\_\_ (snow) in Iowa, the sun \_\_\_\_\_ (shine) in Florida.
5. It \_\_\_\_\_ (snow) when I \_\_\_\_\_ (leave) home this morning.
6. It was a sunny afternoon and people \_\_\_\_\_ (sit) on the grass in the park. Then suddenly it \_\_\_\_\_ (start) to rain.
7. My brother \_\_\_\_\_ (talk) on the phone when I arrived, but when he \_\_\_\_\_ (see) me, he \_\_\_\_\_ (finish) the call. Perhaps he thought that I \_\_\_\_\_ (listen) to his conversation.
8. We \_\_\_\_\_ (climb) the wall when the gardener \_\_\_\_\_ (see) us.
9. Susan \_\_\_\_\_ (play) the piano while Mary \_\_\_\_\_ (sing)