

ate a lot! For dessert, we had (22) _____, a sweet dish made with fruit and cream. My dad always enjoys it, and he ate more than anyone else!

Normally, we don't have big dinners on weekdays, but we often (23) _____ sandwiches for lunch, especially when we're busy. It's easy to make, and everyone in the family likes it. Last week, I made a sandwich for myself, but today I wanted something different, so I (24) _____ salad instead. It was really tasty!

When I was younger, I didn't like vegetables. But now, I love them, especially cucumbers which are very healthy. Last night, I had a big (25) _____ salad with cucumbers and tomatoes. It was delicious!

At the weekend, my family often enjoys making (26) _____, a quick meal we can all make together. It's always fun and delicious.

Question 21. A. milk	. lemonade	C. pizza	D. water
Question 22. A. cake	B. ice cream	C. fruit salad	D. tomatoes
Question 23. A. drink	B. have	C. drunk	D. fried
Question 24. A. ate	B. drank	C. cooked	D. fried
Question 25. A. tablespoon of	B. bowl of	C. litre of	D. teaspoon of
Question 26. A. burgers	B. vegetables	C. apple	D. sandwiches

2. Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 27 to 32. (1.5 points)

The Importance of Staying Healthy

Staying healthy is important for everyone, especially for students. To keep our bodies strong and healthy, we need to follow a balanced diet, exercise regularly, and get enough sleep. A balanced diet includes eating a variety of foods like fruits, vegetables, grains, and proteins. These foods provide the nutrients our bodies need to function properly.

Exercise is also a key part of maintaining health. Physical activity helps our hearts and muscles stay strong. It also improves our mood and energy levels, making us feel better throughout the day. Aim to get at least 30 minutes of exercise most days of the week. You can try walking, running, swimming, or playing sports with friends.

Getting enough sleep is another important factor in staying healthy. Sleep helps our bodies rest and repair, and it also improves our ability to focus and learn during the day. Most teenagers need 8-10 hours of sleep each night to function at their best.

Remember, staying healthy is not only about eating well or exercising – it's about taking care of your body in all aspects. When we take care of ourselves, we can enjoy life more and be more successful in our activities.

Question 27. What does the word "balanced diet" in paragraph 2 refer to?

- A. Eating a variety of different foods
- B. Eating the same food every day
- C. Only eating fruits and vegetables
- D. Eating fast food

Question 28. The word "improves" in paragraph 3 is CLOSEST in meaning to...

- A. Decreases
- B. Reduces
- C. Prevents
- D. Enhances

Question 29. Which of the following is TRUE, according to the passage?

- A. You need 12 hours of sleep every night to stay healthy.
- B. Regular exercise is good for both the body and the mind.
- C. Eating only one type of food is recommended for good health.
- D. Physical activity is not important for health.

Question 30. According to the passage, what is the best way to stay healthy?

- A. Only eating fruits and vegetables
- B. Exercising for at least 30 minutes a day

- C. Sleeping for more than 12 hours each night
- D. Skipping meals to stay fit

Question 31. According to paragraph 3, why is sleep important?

- A. It helps repair our bodies and improves focus.
- B. It helps our bodies grow faster.
- C. It makes us feel hungry.
- D. It helps us stay awake longer.

Question 32. What is the passage mainly about?

- A. How to improve your grades at school
- B. The importance of physical exercise
- C. How to take care of your health
- D. The benefits of eating fast food

D. WRITING

1. Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 33 to 36. (1.0 point)

Question 33.

- a. Sure! What time should we meet?
- b. Hi! Do you want to watch the new movie at the cinema tonight?
- c. The movie starts at 7 PM. Let's meet at 6:30 in front of the cinema.

A. b - a - c B. a - b - c C. c - b - a D. b - c - a

Question 34.

- a. Sure! What time does it start?
- b. Hi! Have you heard about the new music festival next weekend?
- c. I'm so excited! Let's go together.
- d. Yes, I have! It sounds like so much fun.

A. b - a - d - c B. b - d - a - c C. b - a - d - c D. d - b - c - a

Question 35.

- a. I hope you're doing well.
- b. Please let me know if you'd like to join us.
- c. I'm writing to invite you to our class picnic next Sunday at the park.
- d. I look forward to your reply.

A. c - a - b - d B. b - c - a - d C. a - b - c - d D. a - c - b - d

Question 36.

- a. Living in the countryside offers peace, clean air, and beautiful scenery.
- b. However, it may lack some conveniences like shopping centers, cinemas, and public transportation.
- c. Many people enjoy the slower pace of life and the strong sense of community in rural areas.
- d. Overall, living in the countryside has both pros and cons, depending on what you value most.
- e. On the other hand, finding good schools or job opportunities can be more challenging in remote areas.

A. c - a - b - d - e B. a - b - c - e - d C. a - c - b - e - d D. b - c - a - d - e