

Progress Test 4

Listening

- 1. Listen to the dialogue between a travel writer and a journalist and choose the correct answer.**

- 1) Janet has been to ... countries.
a) more than 100 b) less than 100 c) exactly 100
- 2) Janet ... the Taj Mahal
a) has been to b) hasn't been to c) doesn't want to go to
- 3) Janet ... kangaroo meat
a) refused to eat b) has eaten c) has seen people eat
- 4) Janet was ... when she ate insects
a) worried b) frightened c) surprised
- 5) Janet ... about Peru
a) has written b) has read c) has watched a documentary

Vocabulary

- 2. Match these words to their definitions**

Words:

Definitions:

- | | |
|--------------------|--|
| 1. mountain biking | a) exploring underground caves, often involving walking or climbing through narrow passages. |
| 2. surfing | b) jumping from an aircraft and descending slowly with a large fabric canopy. |
| 3. parachuting | c) riding a bicycle designed for rough terrain, such as hills and trails. |
| 4. caving | d) riding on waves in the sea while standing on a board. |
| 5. ice climbing | e) scaling frozen waterfalls or icy rock faces using special equipment like crampons and ice axes. |

3. Complete the sentences with the correct adjective.

frightened/frightening

1. The situation was very ...
2. We were ... by the situation.

excited/exciting

3. I'm so to journey across Russia.
4. The journey to Russia was quite....

bored/boring

5. Brian's one of the most ... people I've ever met.
6. After a while, people became ... with the game.

Grammar

4. Complete the sentences with the verbs in brackets in the Present Perfect Tense.

1. Joe _____ (travel) a lot this year.
2. _____ Sam and George _____ (visit) this museum?
3. People in our company _____ (work) a lot these days.
4. Mr. and Mrs. Jones _____ (not write) any letters since a week.
5. Anna _____ (put) on weight recently.
6. Lena and Tim _____ already _____ (go) to cinema.
7. My grandma _____ (not return) from the market.
8. _____ that girl _____ (plant) that flower?

5. Answer the questions.

- 1) Have you ever been to Spain?
(-) _____
- 2) Has your mom made a chocolate cake for you and your sister?
(+) _____
- 3) Have the kids seen an elephant before?
(-) _____

4) Have you ever lost your keys?

(+) _____

5) Has Tim slept on the sand?

(-) _____

Reading

A New Basketball Star

Jason had never been particularly interested in basketball. Sure, he'd seen his dad, once a local high school star, glide across the court in countless old videos, his signature style combined grace and power that had earned him a place in the town's hall of fame. But to Jason, those videos felt like a distant echo — a legacy he never wanted to chase. Instead, he preferred to lose himself in the world of video games, where he could be a hero without hearing the meaningful whispers of expectations that seemed to follow him everywhere.

It was a regular Friday PE lesson when Mr. Carter, the gym teacher, decided to mix things up. Instead of the usual routine, he announced a small basketball tournament. Jason stood in the corner, nervously watching the others who formed teams. Though he clearly remembered practicing ring throwing with his father, it felt like a duty rather than a hobby. But as he watched his classmates laugh and cheer on their friends, Jason felt an unexpected rush of adrenaline. He stepped forward, ignoring the knots in his stomach, and found himself asking to join the nearest team.

As the game progressed, Jason discovered a rhythm he never knew he had. With every dribble and shot, he felt his self-doubt weaken. His father's old moves appeared in his memory, helping him play with surprising ease. To his astonishment, he found himself scoring three-pointers, and his classmates were cheering him on. At that moment of fleeting fame, he understood that the court was more than just a place to score points; it was where he could reveal a part of himself that he didn't even know existed.

By the end of the day, Jason was riding high on the waves of newfound confidence. As the final whistle blew, the team had claimed victory. But more

important was the realization that he had stepped out of his father's shadow and made a name for himself, at least for one afternoon. Inspired by the sense of belonging and achievement, he signed up for the school basketball team that trained very week, and was ready to make his own way. **A. Before the PE lesson**

Jason ...

- 1) was very enthusiastic and eager to play basketball.
- 2) had a deep passion for the sport.
- 3) was a well-known basketball player at his school.
- 4) had little interest in basketball and preferred video games.

B. Mr. Carter was ...

- 1) Jason's father, a basketball star.
- 2) the school principal.
- 3) the PE teacher who organized the basketball tournament.
- 4) a famous basketball coach.

C. While playing the game Jason felt ...

- 1) fear of failure.
- 2) a sense of adrenaline and excitement.
- 3) disappointment in his skills.
- 4) indifference to the game.

D. Choose the true sentence.

- 1) He felt he would always live in his father's shadow.
- 2) He gained confidence and felt he could be his own person.
- 3) He realized he had no talent for sports.
- 4) He decided to quit basketball altogether.

E. After the basketball tournament Jason decided

- 1) to sign up for the school basketball team.
- 2) to focus on video games.
- 3) to never play basketball again.
- 4) to move to a different school.