WORKSHEET FOR GROUP 2

GROUP MEMBERS : .....

.....

CLASS : .....

READ THE TEXT BELOW CAREFULLY!

The Impact of Adolescent Mental Health on Learning



The mental health of adolescents plays a crucial role in their academic performance and overall learning experience. During the formative years, young individuals face various challenges, including academic pressures, social dynamics, and personal issues. When mental health issues such as anxiety, depression, or stress arise, they can significantly hinder a student's ability to concentrate, retain information, and engage actively in the classroom. As a result, students may struggle to meet academic expectations, leading to a cycle of frustration and decreased motivation.has profoundly transformed communication and information sharing in contemporary society.

Moreover, the stigma surrounding mental health often prevents adolescents from seeking the help they need. Many young people may feel embarrassed or ashamed to discuss their mental health struggles, which can exacerbate their issues and further impact their learning. Schools that lack adequate mental health resources or support systems may inadvertently contribute to this problem, leaving students to navigate their challenges alone. As a consequence, the academic performance of these students may decline, affecting their self-esteem and future opportunities.

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To address the influence of mental health on learning, it is essential for educational institutions to prioritize mental health awareness and support. Implementing programs that promote mental well-being, provide counseling services, and create a safe environment for students to express their concerns can make a significant difference. By fostering a culture that recognizes the importance of mental health, schools can help students thrive academically and personally, ultimately leading to improved learning outcomes and a healthier, more balanced approach to education.

Assessment

Fill in the bo below with the correct part of the text!

Thesis	
Argument and Evidences	
Reiteration	

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