ORAL COMPREHENSION. LISTENING 1

You will hear *Listening 1* three times. Listen carefully and tick the correct answer. Now look at the questions for this part. You have 45 seconds.

RECOMMENDATIONS FOR A BETTER CONCENTRATION

1. This radio programme is called…

a. "Kids World".

b. "Healthy Snacks".

c. "The Three Recommendations".

2. This is a…

a. video.

b. podcast.

c. TV show.

3. Mrs. Sellers is…

a. a doctor.

b. a teacher.

c. the interviewer.

4. Mrs. Sellers is giving tips on how to…

a. improve concentration.

b. sleep better at night.

c. have a healthy diet.

LIVEWORKSHEETS

ORAL COMPREHENSION. LISTENING 1

5. A revision timetable has to include…

a. 5 minutes to rest.

b. time to tidy up your room.

c. time to study and time to rest.

6. When you are studying, it's important to have a _____ snack.

a. tasty

b. healthy

c. delicious

7. Mrs. Sellers says that you need to _____ the night before an exam or an oral presentation.

a. go to bed late

b. go to sleep early

c. read till late at night

LIVEWORKSHEETS