

DAILY ROUTINES



WAKE UP



GET UP



MAKE THE BED



HAVE A WASH



BRUSH YOUR
TEETH



COMB YOUR HAIR



PUT YOUR
MAKEUP ON



HAVE A BATH



TAKE A SHOWER



HAVE
BREAKFAST



DRINK COFFE



PACK YOUR BAG



GED DRESSED



DO YOGA



MEDITATE



WORK



READ A BOOK



GO CYCLING



GO SHOPPING



CLEAN THE
HOUSE



IRON THE CLOTHES



RELAX



DRINK WATER



TALK WITH
YOUR FRIEND



DANCE

1. LISTEN AND COLOUR

DAILY ROUTINES

2. ANSWER THESE QUESTIONS ABOUT YOUR MORNING ROUTINE

1. WHAT DO YOU USUALLY DO AT 7 AM?
2. WHAT DO YOU USUALLY DO AT 10 AM?
3. WHAT DO YOU USUALLY DO AT 2 PM?
4. WHAT DO YOU USUALLY DO AT 6 PM?
5. WHAT DO YOU USUALLY DO AT 9 PM?

3. DO THE WORD SEARCH



DRINK COFFEE
MAKE THE BED
GET DRESSED
HAVE A WASH

HAVE A BATH
MEDITATE
WAKE UP
DO YOGA

GET UP

DAILY ROUTINES

4. READ THE STORY. CHOOSE A WORD FROM THE BOX. WRITE THE CORRECT WORD IN THE BLANK SPACES.



COMB MY HAIR	GET DRESSED	DO YOGA	TAKE A SHOWER	RELAX
PACK MY BAG	WAKE UP	DANCE	CLEAN THE HOUSE	HAVE BREAKFAST

EVERY DAY, _____ AT 7 O'CLOCK. I DON'T STAY IN BED BECAUSE I NEED TO GET UP QUICKLY. FIRST, I MAKE THE BED. AFTER THAT, I GO TO THE BATHROOM TO BRUSH MY TEETH AND HAVE A WASH. SOMETIMES, I ALSO _____ WHEN I HAVE MORE TIME.

AFTER THE BATHROOM, I STAND IN FRONT OF THE MIRROR TO _____ . IF I WANT TO LOOK NICE, I ALSO PUT MY MAKEUP ON. THEN, I GO TO THE KITCHEN TO _____ . I USUALLY EAT SOME TOAST AND DRINK TEA, BUT SOMETIMES I DRINK COFFEE.

BEFORE I LEAVE THE HOUSE, I NEED TO _____ FOR SCHOOL. THEN, I CHOOSE MY CLOTHES AND _____ . AT 8 O'CLOCK, I AM READY TO GO.

IN THE AFTERNOON, I LIKE TO DO MANY THINGS. SOMETIMES, I _____ BECAUSE IT HELPS ME RELAX. OTHER TIMES, I LIKE TO SIT QUIETLY AND READ A BOOK. ON SUNNY DAYS, I GO OUTSIDE TO GO CYCLING. WHEN I AM VERY TIRED, I JUST _____ ON THE SOFA AND DRINK WATER.

IN THE EVENING, I NEED TO DO SOME WORK. I USUALLY _____ BECAUSE I LIKE WHEN MY ROOM LOOKS NICE. SOMETIMES, I ALSO HELP MY FAMILY AND IRON THE CLOTHES. BEFORE BED, I LIKE TO HAVE FUN. I SOMETIMES _____ TO MUSIC OR TALK WITH MY FRIEND ON THE PHONE. AFTER A LONG DAY, I FEEL HAPPY AND READY TO SLEEP.

5. WRITE A STROY ABOUT YOUR OWH DAILY ROUTINE!