

MY FIRST TIME RIDING A BIKE

When I was 7 years old, my father taught me how to ride a bicycle. I was very ____ (1) but also a little nervous. My father said that learning to ride a bicycle requires ____ (2) and courage.

At first, I had trouble keeping my balance. I ____ (3) several times, but my father always helped me stand up again. Every time I fell, my father encouraged me by saying, "It's okay, try again!" After several attempts, I finally managed to ____ (4) the bike without my father's help. I felt very ____ (5) and proud of myself. As I continued practicing, I became ____ (6) and more confident. I learned to ____ (7) my body weight to keep my balance. I also realized that looking forward instead of down was very ____ (8).

The experience of learning to ride a bicycle was very valuable to me. From that experience, I learned that ____ (9) and courage are the keys to facing new challenges. Until now, I always remember my father's words and try not to ____ (10) when facing difficulties.

steady

shift

determination

patience

happy

give up

fell

pedal

helpful

excited