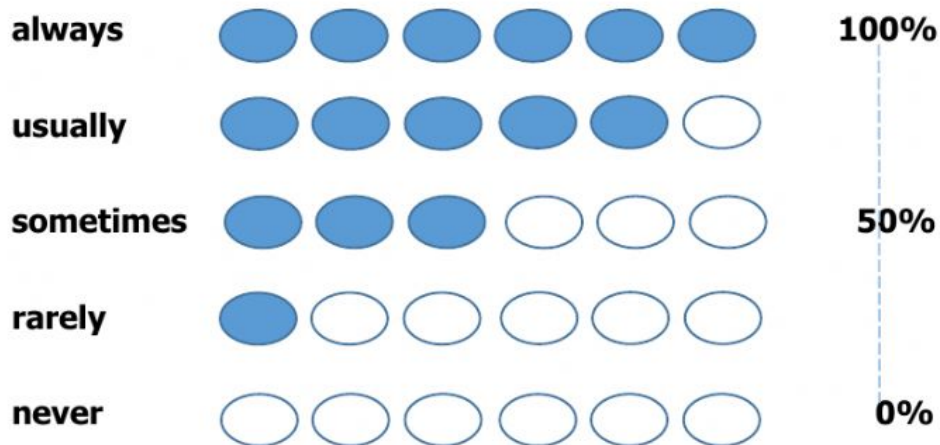


## Adverbs of Frequency



	Sun	Mon	Tues	Wed	Thu	Fri	Sat
clean my apartment	✓		✓		✓		✓
watch TV	✓	✓	✓	✓	✓	✓	✓
cook		✓	✓	✓	✓	✓	
go to the park	✓				✓		✓
do the laundry						✓	
take a shower		✓		✓		✓	






**Adverbs of frequency** describe *how often* you do an action or *how often* something happens.

**A.** Look at the schedule above. Complete the sentences with the correct adverb of frequency.

- I \_\_\_\_\_ **watch** TV because I rarely go out.
- I \_\_\_\_\_ **do** the laundry.
- I \_\_\_\_\_ **cook**.
- I \_\_\_\_\_ **take** a shower because I stay inside.
- I \_\_\_\_\_ **go** to the park to exercise.
- I \_\_\_\_\_ **clean** my apartment because I'm worried about COVID-19.
- I \_\_\_\_\_ **practice** English at home now.

**Adverbs of frequency** *always* come before the main verb.

Examples:

1. Kevin **always** **talks** in class. 
2. The students **usually** **come** to school. 
3. You **sometimes** **do** homework. 
4. Victor **rarely** **participates** in school. 
5. Monica **never** **speaks** Spanish in class. 

**B.** Complete the sentences with your own ideas.

1. Donald Trump \_\_\_\_\_ *tells* the truth.
2. I \_\_\_\_\_ *practice* English at home now.
3. We \_\_\_\_\_ *use* WhatsApp or Skype to talk to family.
4. My family \_\_\_\_\_ *spends* time together now.
5. I \_\_\_\_\_ *wake up* late.
6. We \_\_\_\_\_ *work* now.
7. I \_\_\_\_\_ *want* to return to English class at Carlos Rosario.
8. My teacher \_\_\_\_\_ *communicates* with students now.

**C.** Click listen and choose true or false.



1. Donald is healthy. T / F
2. He always eats salad. T / F
4. He usually drinks soda. T / F
5. He rarely exercises. T / F
6. His doctor says he needs more physical activity. T / F