

FULL NAME:

YEAR AND SECTION:

DATE:

Part I: Identification

(Write the correct term for each description.)

- _____ 1. The brain region that controls hunger, thirst, and body temperature.
- _____ 2. A state of satisfaction and well-being, related to a positive emotion.
- _____ 3. The primary center for visual processing in the brain.
- _____ 4. A feeling of liking or caring for someone or something.
- _____ 5. The ability to manage and understand emotions and those of others.

Part II: Multiple Choice

(Choose the best answer.)

- _____ 6. Which of the following emotions is associated with danger and threat?
a) Joy
b) Fear
c) Surprise
d) Trust
- _____ 7. The part of the brain responsible for processing auditory stimuli is:
a) Parietal Lobe
b) Temporal Lobe
c) Hindbrain
d) Frontal Lobe
- _____ 8. Which element of Emotional Intelligence is about putting yourself in someone else's shoes?
a) Self-awareness
b) Empathy
c) Motivation
d) Social Skills
- _____ 9. Romantic partners are characterized by:
a) Shared interests
b) Intense feelings of attraction and love
c) Similar values
d) Familial connection
- _____ 10. The hindbrain is primarily responsible for:
a) Voluntary movements
b) Visual processing
c) Respiratory rhythms
d) Higher reasoning

Part III: True or False

_____ 11. The limbic system only processes emotions.
_____ 12. Infatuation is a lasting and profound feeling of love.
_____ 13. High emotional intelligence can improve relationships and communication.
_____ 14. The frontal lobe controls voluntary movements and impulse regulation.
_____ 15. Adolescents cannot influence how their brains develop.

Part IV: Matching Type

(Match the terms in Column A to their descriptions in Column B.) Write your answer in the space provided before each number.

Column A

_____ 16. Parietal Lobe
_____ 17. Trust
_____ 18. Self-regulation
_____ 19. Romantic Partner
_____ 20. Disgust

Column B

a) Rejection of something or someone
b) Involved in spatial awareness
c) Managing negative emotions effectively
d) Characterized by feelings of love
e) Conviction of safety in a situation

ESSAY

21. Name and describe the 3 regions of the brain.

22-23. Why is adolescence considered a time of significant brain development?

24-25. Define self-awareness as part of emotional intelligence.