

Read the passage, and then choose the best answer A, B or C.

People used to donate their time to support and help their community. The Swiss Ministry of Health created an assistance programme named "Time Bank". Thanks to technology, Swiss citizens can save their time and put it in banks to use later. People volunteer to look after the elderly who require help and assistance and the information about the number of hours they spend caring for others is saved in their accounts. When the volunteer



reaches the age when he or she needs help and support, he or she can use the "Time Bank". This time, another young volunteer will come to look after them. A time bank is used to record the amount of time spent providing the service. This service could include IT services, babysitting, hairdressing, gardening, nursing, tutoring, or any other time-consuming job.

Other countries have begun to apply this system apart from Switzerland. The UK has adopted the "time bank" plan, and Singapore is considering it.

30. What is the passage mainly about?

- A.** The Swiss Ministry of Health **B.** The "Time Bank" for volunteers
C. The assistance of elderly people



31. Swiss people can save their volunteering time and _____.

- A.** exchange to money **B.** put it in banks
C. exchange more days off at work



33. When can Swiss people use time from their accounts?

- A.** When they need money
B. When they want to delete the accounts
C. When they reach a certain age and they need help

33. Which is NOT mentioned in the passage as service of these volunteers?

- A.** gardening **B.** tutoring **C.** selling products in a store

34. Other countries followed the Swiss example are: _____.

- A.** The UK and the US **B.** Singapore and Viet Nam **C.** The UK and Singapore