

Video #40 - Teens addicted to mobile devices



<https://www.nbcnews.com/health/kids-health/half-all-teenagers-are-addicted-their-smartphones-survey-finds-n566811>



Imagine this picture was posted on Instagram. Write a message for this picture:

Watch the video and answer the questions below

1. What role do mobile devices play in families? And in family conflicts?

2. What have the kids decided not to spend time on anymore in their lives?

3. What is the teen technology trap?

4. What can parents do in order to deal with the tech trap?

Now you have to do a little thinking about your personal use of social media:

1. What platforms do you use? _____

2. How much time do you spend on the platforms? _____

3. When do you first go online on a typical day? _____

4. When is the last time you go online on a typical day? _____

5. Do you have a lot of friends online? _____

6. Friends online, are they as good as real friends are? Why/why not? _____