

Name: _____

Podcast: Digital Footprint

1. What is a digital footprint?

- A. A map showing your location online
- B. A trail of all your online activity, like posts and comments
- C. A list of all websites you've visited in the past month
- D. A record of your internet usage stored by your device

2. What did the narrator compare a digital footprint to?

- A. Breadcrumbs
- B. Shadows
- C. Puzzle pieces
- D. Maps

3. What happens to online posts after they are deleted?

- A. They are gone forever.
- B. They disappear but can sometimes be recovered.
- C. They can only be found if someone hacks your account.
- D. They stay visible to your followers only.

4. What real-life consequence did Guest Teen 1 describe?

- A. Someone losing followers on social media
- B. A friend not getting a job because of an online video
- C. A family member being embarrassed by an old post
- D. A school banning phones after a viral video incident

5. Who can look at your digital footprint?

- A. Only your friends and family
- B. Hackers and scammers
- C. Colleges, employers, and others researching you
- D. Only people with special permission

6. Why is it important to think before you post?

- A. Because posts can reflect poorly on you in the future
- B. To avoid embarrassing your family
- C. To protect your personal computer from viruses
- D. Because it's illegal to delete old posts

7. What is one way to create a positive digital footprint?

- A. Delete all your social media accounts
- B. Only post pictures of your pets
- C. Join and contribute to supportive online communities
- D. Only use private messaging apps

8. What online activity did Guest Teen 3 talk about?

- A. Writing a blog about mental health
- B. Starting a YouTube channel about gaming
- C. Creating memes for their school group
- D. Posting nature pictures on Instagram

9. What positive example did the chipmunk character give?

- A. Raising awareness about saving forests
- B. Encouraging people to recycle
- C. Sharing dance tutorials online
- D. Teaching others how to build treehouses

10. What is the main message of the podcast?

- A. You should never share anything personal online.
- B. Your digital footprint is permanent, so be careful and intentional.
- C. The internet is dangerous and should be avoided.
- D. Positive actions online are more important than avoiding risks.