Adventure travel

Time for an adventure?
Are you a bit bored with your nine-to-five routine? Have a look at our exciting range of holidays and decide what type of adventure you'd like.

[a] Activity holidays
Our activity holidays are for everyone, people who love danger or who just like sports. We have a huge variety of water, snow or desert holidays. We'll take you scuba diving in the Red Sea or kayaking and white-water rafting in Canada. If you prefer snow, you can try skiing or snowboarding in the Alps or even igloo-building. For those who like warmer weather, we also have sandboarding (the desert version of skateboarding) or camel safaris.

[b] Polar expeditions
Take a cruise to Antarctica or the northern Arctic; explore a land of white natural beauty and wonderful wildlife. Our experts will explain everything about the two poles as you watch the penguins in Antarctica or whales and polar bears in the Arctic. There's no greater adventure than travelling t the ends of the earth. A once-in-a-lifetime experience!

[c] Cultural journeys
Our cultural journeys will help you discover ancient civilizations: India, Thailand, Egypt and many more. Visit temples, palaces and ancient ruins – just remember to bring your camera! Get to know local ways of life by exploring markets, trying exotic foods and meeting local people.

[d] Trekking tours
We have trekking holidays to famous places such as Machu Picchu or the Everest Base Camp Trek, as well as some nearer to home in the Highlands of Scotland. You don't need to be very sporty, just fit. You'll have a great time enjoying nature with a group of new friends. Some of the holidays include camping, but we'll transport the tents for you!

[e] Wildlife holidays
We organize small-group tours to get closer to nature in Africa, Asia or South America. Go on safari in Africa and watch lions and giraffes. Meet the famous turtles of the Galapagos Islands. Look for tigers in India or take an elephant safari in Sri Lanka. We use local guides and stay in a range of accommodation, from tents to tree houses.

• *On which holiday(s) can you see animals?*			
• *On which holiday(s) do you need to be reasonably fit?*			
• *On which holiday(s) can you meet local people?*			
• *On which holiday(s) can you go camping?*			
• *On which holiday(s) might you go up a mountain?*			
• *On which holiday(s) might you need special clothes or shoes?*			

LIVEWORKSHEETS

[b] Write the activities under the correct holiday. [4p]

visit the South Pole	see lions	try different local food	follow a local guide	visit Scotland
go kayaking	learn about foreign cultures	climb mountains	see whales	try different sports

ACTVITY HOLIDAYS	POLAR EXPEDITIONS

LIVEWORKSHEETS