



Relationship Types	Descriptions
Romantic and Sexual	Can involve romance and attraction.
Family	Being part of a group helps reduce loneliness.
Friendships	Essential for happiness and emotional support.
Online	Real connections that provide support for those who feel alone.
Acquaintances	A cultural place of belonging.
Location-Based	Can be helpful in times of need.
Teacher/Student	Can influence lives and offer encouragement.
Healthcare (Doctor)	Focuses on providing care and building trust.
The community	Brief interactions that can brighten your day.
Pets	Offers companionship and unconditional love.
Club	Involves support and connection by blood or marriage