

TA9

LUYỆN THI- READING 3

Exercise 2. Find the word which has a different sound in the underlined part. Say the words aloud.

1. A. <u>my</u> th	B. <u>c</u> ycling	C. <u>it</u> chy	D. <u>all</u> ergy
2. A. <u>he</u> adache	B. <u>sp</u> read	C. <u>he</u> alth	D. <u>we</u> ak
3. A. <u>f</u> at	B. <u>le</u> af	C. <u>o</u> f	D. <u>saf</u> e
4. A. <u>fl</u> u	B. <u>su</u> nburn	C. <u>j</u> unk	D. <u>mu</u> ch
5. A. <u>w</u> ash	B. <u>w</u> ear	C. <u>w</u> ake	D. <u>w</u> rap
6. A. <u>th</u> ousand	B. <u>th</u> ick	C. <u>mon</u> th	D. <u>th</u> en
7. A. <u>tut</u> or	B. <u>du</u> ck	C. <u>cu</u> be	D. <u>mu</u> sic
8. A. <u>ti</u> ny	B. <u>li</u> ght	C. <u>con</u> tinue	D. <u>bl</u> ind
9. A. <u>is</u> land	B. <u>art</u> ist	C. <u>si</u> lent	D. <u>hou</u> se
10. A. <u>he</u> althy	B. <u>sys</u> tem	C. <u>ea</u> sy	D. <u>ug</u> ly

Exercise 1. Odd one out A, B, C or D.

1. A. running	B. coughing	C. cycling	D. swimming
2. A. vegetables	B. <u>fi</u> sh	C. fried chicken	D. fruits
3. A. cold	B. cough	C. stuffy nose	D. sunburn
4. A. soda	B. milk	C. fruit juice	D. water
5. A. fever	B. health	C. obesity	D. headache

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Exercise 3. Put the verbs in brackets in the correct tense form.

1. Nick looks brown. He was on holiday last week. He (get) _____ sunburn.
2. Getting plenty of rest is very good. It (help) _____ you to avoid depression.
3. The Japanese (eat) _____ a lot of fish, so they are very intelligent.
4. If you wash your hands more, you (have) _____ less chance of catching flu.
5. Eating carrots regularly (help) _____ you see better.
6. It is very hot outside. Please (wear) _____ a sun hat when you go out.
7. Do more exercise and you (feel) _____ healthier.
8. I don't want (be) _____ tired tomorrow so I go to bed early.
9. Nowadays, Lan doesn't feel well. She often (feel) _____ sick and weak.
10. People who (smile) _____ more are happier and they live longer.

Exercise 4. Fill each blank with a word/ phrase in the box.

dry	stay	weight	physical	swimming
flu	health	getting	exercise	provide

1. We should eat a lot of fruits and vegetables because they _____ vitamin A, which is good for our eyes.
2. If you want to be fit, stay outdoors more and do more _____ activities.
3. Eat less fast food to keep you from _____ fat.
4. My parents go _____ outside even when it's cold.
5. To prevent _____, you should eat a lot of garlic and keep your body warm.
6. In order to have good _____, you should eat lightly and laugh cheerfully.
7. My mother does morning _____ every day.
8. Do you want to know how you can _____ healthy?
9. He plays computer games and watches TV a lot so his eyes are often _____.
10. Justin eats a lot of burger and chips, so he's putting on _____.

Exercise 5. Write the correct form or tense of the verbs in brackets.

1. _____ (you/ eat) fried chicken last night?
2. I often _____ (drink) coca cola when it is hot.
3. James _____ (wash) her face regularly to prevent spots.
4. I think she _____ (not pass) the exam. She hasn't studied at all.
5. She _____ (have) a sore throat, and she is coughing terribly now.
6. People should try _____ (exercise) a couple times a week.
7. What _____ (you/ do) tomorrow evening?
8. My mother doesn't like _____ (eat) fast food.

Exercise 8. Write the correct form of the word given.

1. My father decided to quit _____ many times but he wasn't successful. (smoke)
2. Some young people have a bad habit of _____ in public places. (litter)
3. If you want to have a good _____ you should do exercise regularly. (healthy)
4. The _____ in my village drink fish sauce before they get down to the sea. (fish)
5. The more you laugh the _____ you are. (happy)
6. Please wash these clothes immediately. They are so _____. (dirt)
7. People in this area have a problem with _____ (obese)
8. I hate winter because I like _____ climate. (warmth)

Exercise 9. Fill in each blank with a suitable preposition.

1. Would you like to go out? – No, thanks. I'd rather stay _____ home.
2. She's put _____ 2 kg in the last month.
3. Sitting too close _____ the TV hurts our eyes.
4. Be careful _____ what you eat and drink.
5. My sister runs six miles every day to help keep herself _____ shape.
6. Watching TV too much isn't good _____ your eyes.

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