BUSH MEDICINE

Bush medicine is the term for traditional (old) plant medicine in the Caribbean. The plants (Bush medicine) are used to treat different medical conditions. Some medical conditions are the common cold, cough, kidney stones, diabetes, and even cancer.

Bush medicine plants are often found on uncultivated land in the Caribbean. They are grown in home gardens.

There are many ways that bush medicine can be applied:

- In hot tea
- Ointment (that you put on your skin)
- Take a bath with it.

Here are some common popular bush medicines found in the Bahamas.

- **Cerasee (diabetes and blood pressure)**
- **Aloe (skin problems)**
- **Five Fingers (fever and headache)**
- **Sage (chicken pox)**
- **Neem (high blood pressure and digestion problems)**
- **Fever Grass (cancer, fever and pain)**

LIVEWORKSHEETS

QUESTIONS ON BUSH MEDICINE

1. What is bush medicine?
   A) A type of modern medicine
   B) Traditional plant medicine in the Caribbean
   C) A form of surgery
   D) A type of physical therapy

2. Which of the following conditions can bush medicine help treat?
   A) Common cold
   B) Broken bones
   C) Asthma
   D) Allergies

3. Where are bush medicine plants commonly found?
   A) In supermarkets
   B) In city parks
   C) In hospitals
   D) On uncultivated land

4. Which of these is NOT a method of applying bush medicine?
   A) Drinking hot tea
   B) Using ointment on the skin
   C) Taking a pill
   D) Taking a bath with it

5. What is cerasee commonly used for?
   A) Fever and headache
   B) Skin problems
   C) General wellness
   D) Diabetes

6. Which bush medicine is known for treating skin problems?
   A) Five Fingers
   B) Neem
   C) Sage
   D) Aloe

7. What condition can Five Fingers help with?
   A) Fever and headache
   B) Kidney stones
   C) Cough
   D) Cancer

8. Which plant is used to help with high blood pressure?
   A) Aloe B) Neem C) Fever Grass D) Sage

9. What is the purpose of using sage in bush medicine?
   A) A laxative
   B) To treat headaches
   C) To relieve fever
   D) To help with chicken pox

10. Bush medicine plants are often grown in:
    A) Commercial farms B) Home gardens C) Laboratories D) Greenhouses

LIVEWORKSHEETS