

**1 Listen and say the new words and phrases.**

awake      exercise      go on      instead (of)  
 put on weight      something      study      test

**Word formation**  
**healthy**      **unhealthy**  
**like**      **dislike**

**2 Listen. Add new words from activity 1. Make any changes needed.** 

- 1 **A** Wake up! Wake up! We're late!  
**B** OK, OK, I'm \_\_\_\_\_ now. What time is it?
- 2 **A** I'm hungry. I really want \_\_\_\_\_ to eat!  
**B** Well, there isn't much here, but I can give you a sandwich.
- 3 **A** Did you walk very far yesterday?  
**B** Yes, we \_\_\_\_\_ all day! We were very tired last night.
- 4 **A** It's getting late, and there isn't time to go shopping in town.  
**B** Well, \_\_\_\_\_ that, we can go to the small shop near home.
- 5 **A** I've been \_\_\_\_\_, and I need to lose about five kilos, I think.  
**B** Then you should do more \_\_\_\_\_. Why not come running with me?
- 6 **A** Sami was quite \_\_\_\_\_ when he saw the doctor a month ago.  
**B** But now he's \_\_\_\_\_ again because he's been eating and sleeping well.
- 7 **A** You're taking a lot of books home! Are you going to \_\_\_\_\_ all of them?  
**B** Yes. I've got some big \_\_\_\_\_ soon, and I need to get ready for them.