

Grammar

Present simple and present continuous

1 Choose the correct alternatives.

- 1 a I study/I'm studying English a lot these days.
b I study/I'm studying English twice a week.
- 2 a I try/I'm trying to stay healthy. It's important.
b I try/I'm trying yoga at the moment. It's great.
- 3 a I usually take/I'm taking a taxi today. I'm really late!
b I usually take/I'm taking the train to work. It's cheap and easy.
- 4 a I use/I'm using a laptop when I'm in the office.
b I use/I'm using a laptop at the moment. I'm in a café.
- 5 a I talk/I'm talking to my best friend right now on social media. She needs my advice.
b I talk/I'm talking to my best friend every day. We're very close.
- 6 a I cook/I'm cooking for myself most days. I enjoy it.
b I cook/I'm cooking a curry. Would you like to join us?

2 Decide if the underlined words in each sentence are correct (✓) or incorrect (x). Then correct the incorrect words.

- I usually wake
- 1 I'm usually waking up at 6 a.m. on weekdays. x
 - 2 I have a shower every morning.
 - 3 I can't speak now, I cook dinner!
 - 4 I work for a big company in the city.
 - 5 She's cleaning the house at the moment.
 - 6 I'm from Italy, but this year I live in Spain.
 - 7 She tries a new lifestyle this month.

3 Complete the conversations with the present simple or present continuous form of the verbs in brackets.

- 1 A: Why are you crying (you/cry)?
B: I'm watching a really sad film on my laptop.
- 2 A: What _____ (you/do)?
B: I'm an architect.
- 3 A: Do you want to go out for some lunch?
B: Sorry. I can't. _____ (I/work) on a presentation right now.
- 4 A: Where is Mark? He usually works here on Fridays.
B: Yes, but _____ (he/visit) his brother in America at the moment.
- 5 A: Is that Gloria's car?
B: No. _____ (she/drive) a sports car.
- 6 A: That smells great! What _____ (you/cook)?
B: It's spaghetti bolognese.
- 7 A: What kind of exercise do you do?
B: _____ (I/try) a new Pilates class at the moment.

Vocabulary

Everyday activities

4 Cross out the word that does not go with the verb in bold.

- 1 **get** up/family/dressed
- 2 **watch** a film/cards/a show
- 3 **take** a break/a picture/the answers
- 4 **start/finish** money/school/
a language course
- 5 **play** video games/tennis/social media
- 6 **spend time with** friends/email/family
- 7 **have** a language course/lunch/
a good time
- 8 **check** social media/school/the answers



5 Complete the schedule with the phrases in the box.

have a shower have lunch
spend time with family start work
take a break watch a film

6.00	get up early.
6.10	1 <u>have a shower</u>
6.30	have breakfast
7.30	go to work
8.30	2 _____
8.35	check emails
11.00	3 _____
11.05	check social media
13.00	4 _____
17.00	finish work
18.00	get home
18.30	5 _____
19.00	have dinner
20.00	6 _____
23.00	go to bed