

LESSON B

WHAT TIME DO YOU START YOUR ENGLISH CLASS?

Daily routines

Expressions of time

At, in, on

A. VOCABULARY

1. Look at the pictures. Match each picture with its name.



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1. Exercise

2. Sleep

5. Study

3. Wake up

4. Get home

6. Go to work

7. Have lunch

Write 5 activities you do in a normal day.

1.....

2.....

3.....

4.....

5.....



B. GRAMMAR

TIME EXPRESSIONS				
I wake up	at	7:30	in the morning	on Weekdays
I leave home	early		in the morning	on Mondays
I get home	late		at night	on Saturdays
I exercise	around	eight	in the evening	on Weekends
I sleep	until	noon	on Sundays	
I have lunch	before	noon	on Fridays	
I stay up	after	midnight	on Saturdays	

1. Choose the correct word.

- I usually wake up **at / until** seven on / in weekdays.
- I have dinner **at / late** 7:30 in / at Mondays.
- I often watch my favorite series **in / around** 10:00 on / at weeknights.
- I stay up **before / until** 2:00 on / in weekends.
- I sleep **around / until** noon on / in Saturdays.
- I go to bed **at / until** ten on / in weekdays.
- I browse my social media **before / after** I go to sleep.

Discussion

What time do you get home?

AT	IN	ON
at 7 am	in the morning	on Tuesday
at 9 o'clock	in the afternoon	on May 3 rd
at night	in winter	on 1 st October 1987
at noon / midday	in 1897	on Christmas day
at Christmas	in the 1900s	on my birthday
		on Saturday evening



2. Complete the sentences using “at, in or on”

1. My brother's birthday is February.
2. I wake up..... seven o'clock.
3. Christmas is December 25th.
4. Weekends I don't go to school.
5. Mondays and Tuesdays we have English class.
6. Families get together Christmas Day.
7. 1492 Christopher Columbus discovered America.
8. I always get home night.
9. She usually comes Sunday night.
10. Flowers bloom.....spring.

C. LISTENING

1. Listen to a student talk about his daily routines. Choose the correct answer.

U2-LESSON 1B-AUDIO 1.mp3

1. What time does he wake up?
At 6.30. At 9.00. At 7.00.
2. Which of these things does he NOT have for breakfast?
Carrots. Toast and jam. Juice.
3. How does he go to school?
a. He goes by bus.
b. He goes by bicycle.
c. He walks.
4. What time does he have a break for lunch?
At 10.00. At 12.30. At 12.40.
5. What does he think about school food?
a. It isn't good. b. It's good. c. It's very good.



6. What does he do when he arrives home?

- a. He relaxes.
- b. He does homework.
- c. He has lunch.

E. WRITING

1. Write your daily routine, use prepositions of time.

F. SPEAKING

1. **PAIR WORK** Take turns asking and answering the questions below.

STUDENT A	STUDENT B
1. Which days do you wake up early?	5. Which days do you stay up late?
2. Which days do you wake up late?	6. Which days do go to bed late?
3. What's something you do in the afternoon?	7. What do you do before you go to bed on weekends?
4. What's something you do after the English class?	8. What do you do during the week?

