

Name: _____

Fruits and Vegetables

Instructions:

Match the fruits and vegetables with its correct name.



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• Apple



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• Onion



•

• Grapes



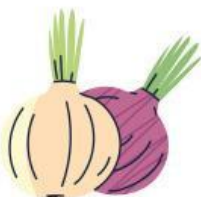
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• Broccoli



•

• Banana



•

• Eggplant

K.B

DRAG AND DROP ACTIVITY



Instructions:

Place the following fruits and vegetables in the correct categories.

FRUITS

VEGETABLES



Apple



Carrot



Strawberry



Lettuce



Onions



Pineapple



Cherries



Eggplant

K.B

SEARCH WORDS ACTIVITY



Instructions:

Find the following fruits and vegetables in the word search below.

O	X	B	X	Z	T	A	I	I	B
U	S	A	Z	C	O	C	L	A	R
G	P	N	B	U	M	A	C	P	O
K	I	A	L	C	A	R	P	P	C
I	N	N	P	U	T	R	E	L	C
W	A	A	M	M	O	O	P	E	O
I	C	O	W	B	K	T	P	U	L
T	H	Z	N	E	E	Q	E	I	I
Z	L	T	R	R	T	L	R	O	E
N	G	R	A	P	E	L	W	E	F

APPLE

BANANA

CARROT

TOMATO

GRAPE

CUCUMBER

SPINACH

KIWI

BROCCOLI

PEPPER



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LISTENING ACTIVITY



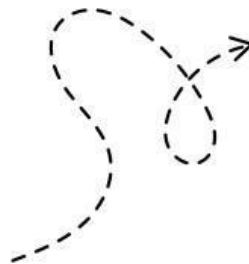
Instructions:

- Play the audio where a person describes the two baskets of fruits and vegetables.
- Based on what you hear, write down:
 - a) The total number of fruits in the fruit basket.
 - b) The total number of vegetables in the vegetable basket.

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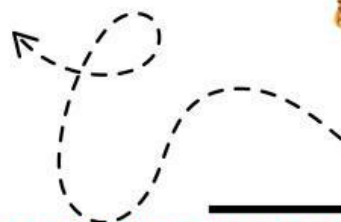


8	10
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+

10	12
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K.B

MULTIPLE CHOICE ACTIVITY



Instructions:

Choose the correct answer for each question.

1. Which of the following is a fruit, not a vegetable?

- a) Carrot
- b) Tomato
- c) Spinach
- d) Broccoli

2. Which vegetable is known for its high iron content?

- a) Cucumber
- b) Spinach
- c) Onion
- d) Pumpkin

3. Which of the following fruits is a type of berry?

- a) Strawberry
- b) Watermelon
- c) Grape
- d) Peach

4. Which vegetable is known for its green color and round shape?

- a) Spinach
- b) Broccoli
- c) Cucumber
- d) Peas



K.B

READING COMPREHENSION ACTIVITY



Read the paragraph and answer the questions:

"Eating fruits and vegetables is essential for good health. Fruits like oranges and bananas provide energy and vitamins, while vegetables like carrots and spinach are rich in fiber and minerals. A balanced diet should include at least five servings of fruits and vegetables daily".

Questions:

- What two nutrients are found in fruits?
- Which vegetables are mentioned as being rich in fiber?
- How many servings of fruits and vegetables are recommended daily?



K.B