

Grade 8. Unit 2 (Basic)

LISTENING

1 [1.04] Listen to the conversation between Susie and Jack. Choose the correct words.

- 1 Jack says that he feels **great** / **worried** at the moment.
- 2 Earlier this year, Jack decided to **have a holiday** / **lose weight**.
- 3 At first, he thought that going to the gym would be **easy** / **difficult**.
- 4 Jack felt miserable because his clothes **didn't fit** / **were old-fashioned**.
- 5 On his first visit to the gym, Jack went **alone** / **with a friend**.
- 6 Jack found that the people at the gym **were** / **weren't** very friendly.
- 7 These days, Jack goes to the gym **four times** / **twice** a week.
- 8 He finds that going to the gym **is** / **isn't** difficult.
- 9 Most of Jack's summer clothes are too **big** / **small** for him now.
- 10 On Saturdays, Jack exercises in the **gym** / **park** with friends.

VOCABULARY

2 Complete the sentences with the words in the box.

open rushed dropped avoids touch

- 1 My brother is very indecisive. He always _____ making decisions if he can.
- 2 Please get in _____ soon so we can decide on a weekend to meet.
- 3 I didn't say 'yes' because I wanted to keep my options _____.
- 4 She _____ out of the course because she didn't have any free time.
- 5 I _____ into the decision and now I regret it.

3 Choose the correct words.

- 1 Cycling makes him fit. He gets a lot out **in** / **of** it.
- 2 Dad always takes his **mind** / **time** when he chooses a book.
- 3 Kate **changed** / **made** her mind about going shopping. She decided to stay at home.
- 4 Tim has **considered** / **committed** to working three hours a week at the charity shop.
- 5 Joanna has **tried** / **put** out most sports.
- 6 I can't get **used** / **ready** to getting up early!
- 7 Peter **got** / **made** the chance to meet his football hero today.
- 8 Don't **hesitate** / **stick** to get in contact again!
- 9 Did you **have** / **get** together with your friends yesterday evening?
- 10 Don't think about it. Just get **on** / **out** with it!

LANGUAGE FOCUS

4 Choose the correct options.

- 1 They're busy! They ____ the house for two hours.
a are cleaning **b** have been cleaning
- 2 We ____ tennis last Sunday.
a played **b** have played
- 3 We ____ our homework. We can go out now.
a have finished **b** have been finishing
- 4 They ____ for the bus for ten minutes, and it still hasn't come.
a have been waiting **b** waited
- 5 I ____ a famous actor in town this morning.
a have been recognizing **b** recognized

5 Choose the correct words.

- 1 Louie has been walking in the mountains **for** / **since** two hours.
- 2 Clare and Malcolm haven't used public transport **yet** / **since** September.
- 3 Has he been in touch with you **still** / **yet**?
- 4 We've been friends **for** / **since** we were five.
- 5 They have **still** / **already** moved into their new home.

6 Order the words to make sentences.

haven't / yet / that café / I / tried out / .

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I haven't tried out that café yet.

- 1 already / changed / he / has / his mind / .

- 2 still / her / she's / open / keeping / options / .

- 3 present / have / we / bought / his / just / .

- 4 did / the / ago / three / course / I / years / .

- 5 committed / to / yet / hasn't / the idea / he / .

READING

7 Read Amy's blog post. Choose the correct options.

Making your mind up! – by Amy Wilson

Have you ever hesitated or even put off making a decision? If, like me, you answer 'yes', read on. It's all about confidence! Here are some ideas to help you.

- Learn a new skill. Learn a new language or learn to play a new instrument. I've been taking art classes for two years now. I'm able to concentrate more easily, and they make me feel good.
- Get to know people of all ages. You can learn a lot about yourself. When I've spent time with older people, they have told me about mistakes they made. This has helped me plan for my future.
- Have lots of new experiences. Get together with your friends and do different things. New experiences have given me more confidence.
- Don't always ask other people for their advice. I have discovered that people think very differently. What is right for them may not be right for you.
- Write down all the pros and cons (the positive and negative things) about something – I still haven't found a better way to make a decision!

- 1 Amy has ____ hesitated to make decisions.
a sometimes **b** never
- 2 She thinks the key to making decisions is ____.
a time **b** confidence
- 3 Amy thinks you should learn ____ things.
a new **b** easy
- 4 She thinks you can learn a lot about ____ from other people.
a yourself **b** the future

- 5 She feels it's ____ to get together with older people.
a not important **b** important
- 6 She thinks we can learn from other people's ____.
a mistakes **b** confidence
- 7 Amy thinks it's a good idea to have new ____.
a experiences **b** mistakes
- 8 She thinks that advice from other people ____ always useful.
a is **b** isn't
- 9 She believes we all think ____.
a in the same way **b** differently
- 10 When Amy needs to make a decision, she makes a list of ____ points.
a good and bad **b** old and new

COMMUNICATION

8 Complete the dialogue with the words in the box.

thing minds up considered reckon

- A** I like these jackets. Which do you ¹ _____ is best, the red one or the black one?
- B** It's ² _____ to you. I like the red one.
- A** I'm in two ³ _____. The good ⁴ _____ about the black one is that it's cheaper.
- B** Have you ⁵ _____ looking in another shop?