

**Прочитайте текст. Из каждой строки (B9–B18) выпишите ОДНО лишнее слово.**

**B9.** When my friend suggested we take part in the City half-marathon which takes place at once **B10.** a year, I could thought it was a great idea. I have to admit I'm not that fit really – I don't do a lot **B11.** of sport. But you see each marathons on television with thousands taking part so I thought **B12.** I could manage it. After all, I wasn't out there to break any ones records! Of course, I had these **B13.** great plans to train regularly and I went running after school with my friend for a few couple **B14.** of evenings – but then school work have got in the way so I didn't really do much. The result is **B15.** that I took part in the half-marathon last Saturday – but my legs which went to jelly after a few **B16.** kilometres and I had to stop. It was a bit embarrassing – but I guess I'm just do not built for **B17.** running long distances. I'll stick to exercises at home in the future! Lots exercising at home can be **B18.** effective. By modifying my workouts itself and increasing the intensity, I'll make the most of it.