

Name: _____

Grade and section: _____

Name of teacher: Regielyn C. Muhajil

Directions: identify the food according to their FOOD GROUPS (Go, Grow, Glow)

Note: Please use small letters in putting your answers.

cassava
sweet potato
pipino
eggplant
fish

carrot
mango
milk
egg
bread

malunggay
peanut
chicken
rice
corn

Go Food

1. _____
2. _____
3. _____
4. _____
5. _____

Grow Food

1. _____
2. _____
3. _____
4. _____
5. _____

Glow Food

1. _____
2. _____
3. _____
4. _____
5. _____