

Name: \_\_\_\_\_

Grade and section: \_\_\_\_\_

Name of teacher: Regielyn C. Muhajil

Directions: identify the food according to their FOOD GROUPS (Go, Grow, Glow)

Note: Please use small letters in putting your answers.

cassava  
sweet potato  
pipino  
eggplant  
fish

carrot  
mango  
milk  
egg  
bread

malunggay  
peanut  
chicken  
rice  
corn

**Go Food**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Grow Food**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Glow Food**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_