



LISTENING TEST UNIT 2: HEALTHY HABITS



Exercise 1: Multiple Choice (Choose the correct answer)

1. What does Emma usually eat for snacks?

- a) Junk food
- b) Fizzy drinks
- c) Healthy snacks
- d) Nothing



2. How does Jack get to school?

- a) He walks.
- b) He takes the bus.
- c) He rides his bike.
- d) He drives.



3. How often does Emma have a check-up?

- a) Every day
- b) Twice a year
- c) Once a month
- d) Every weekend



4. What does Emma say about going to bed late?

- a) You should always do it.
- b) You should sometimes do it.
- c) You shouldn't do it.
- d) You should only do it on the weekend.



Exercise 2: Match the Columns

Match the habit to the advice from the conversation.

A: Habit

- Eat junk food
- Miss breakfast
- Sunbathe
- Go to bed late
- Drink fizzy drinks

B: Advice

- You should never miss this.
- You shouldn't do this too much.
- You should always wear this.
- You shouldn't do this at all.
- You should only have these sometimes.



Exercise 3: Fill in the Blank

Listen to the dialogue and fill in the blanks with one word from the box:
(*healthy snacks, junk food, water, bike, sun cream*)

1. Emma says she usually eats _____ every day.
2. Jack rides his _____ to school every day.
3. Emma says Jack shouldn't eat too much _____.
4. Emma always wears _____ when she sunbathes.
5. Jack usually drinks _____ instead of fizzy drinks.