

SILENCE IS GOLDEN

Read the text and choose the correct word.

The combination of music and study has long been a (1)_____ of disagreement between adults and children. Parents and teachers alike maintain that silence is important when learning, (2)_____ youngsters insist that their favorite sounds help them concentrate.

Now a study shows that the grown-ups have been (3)_____ all along. Psychologist in Florida tested how fast students wrote essays with and without music in the (4)_____.

They found that the sounds (5)_____ progress down by about sixty words per hour. "This demonstrates clearly that it is difficult to (6)_____ with listening and writing at the same time," said Dr. Sarah Randall. She also (7)_____ to the conclusion that it is a myth that instrumental music is less distracting than vocals. "All types of music (8)_____ the same effect," she said in her report. "One's ability to pay attention and write fluently is likely to be (9)_____ by both vocal and instrumental music," she added.

Dr. Randal claimed the research (10)_____ that the idea that music could improve performance was wrong. "Writing an essay is a complex (11)_____. You are recalling information and putting it in (12)_____. An additional stimulus in the form of music is bound to detract. But music is not the only distractor. What is (12)_____ worrying is that more and more teenagers are studying in front of the television.."

