WORKSHEET

Date: 16/11/2024 Computer	SGL Saigon Language	Teacher's feedbacks

Task 1: Decide if each sentence is an **advantage** or a **disadvantage** of using computers. Write your answer in the table.

1. Computers help students find information quickly.
2. Too much screen time can harm your eyes.
3. Computers allow you to communicate with friends instantly.
4. Some students are distracted by games on computers.
5. They make it easy to create neat documents.
6. Using a computer reduces physical activity.
7. Students can learn new skills like coding.
8. Computers can be expensive to buy and maintain.
9. Online tools and apps on computers improve the learning experience.
10. Using computers too much can disrupt sleep.

Advantages	Disadvantages

Task 2: Read the text and do the exercise below.

Benefits and Risks of Computers

Computers have changed the way we live, work, and study. They are very useful tools for learning and communication. Students can use computers to do research, complete homework, and learn new skills like typing or coding. At work, computers help people write emails, create presentations, and manage data.

Despite these benefits, using computers too much can cause problems. For example, staring at a computer screen for a long time can hurt your eyes. Also, some people spend too much time playing games or watching videos and forget to do important tasks.

To stay healthy while using a computer, it is important to take breaks, sit in a good position, and limit screen time. By using computers wisely, we can enjoy their benefits without harming our health.

True or False:
1. Computers can help students do research and learn new skills.
2. Working on a computer for a long time does not affect your health.
3. Taking breaks while using a computer is a good habit.
4. Computers are only useful for entertainment.

Multiple Choice:
5. How can computers help at work?
a) By managing data
b) By causing distractions
c) By reducing communication
6. What is one way to stay healthy while using a computer?
a) Play games for hours
b) Sit in a good position
c) Avoid taking breaks

Fill in the blanks:
7. Computers help students complete their _____, and _____ new skills.
8. To stay healthy, it is important to take _____ and limit _____ time.