

**TAREA 4.2: LIVEWORKSHEET. MARÍA DE LA CINTA REBOLLO SANTANA.**

**WORKSHEET UNIT 1: "GOOD HEALTH"**

**FOOD ORIGIN**

1.-Classify food into three groups according to where it comes from: meat, fruit, water, cereals, eggs, salt, fish, vegetables, and milk.

ANIMAL ORIGIN

PLANT ORIGIN

MINERAL ORIGIN

**STAYING FIT: PHYSICAL EXERCISE AND GOOD POSTURE**

1.-Complete the sentences:

1.- It keeps our .....and..... strong.

2.- It is good for the ..... and .....

3.- It helps us ..... and ..... well every day.

4.- It increases our ....., balance, ..... and .....

5.- It helps us to maintain a healthy .....

