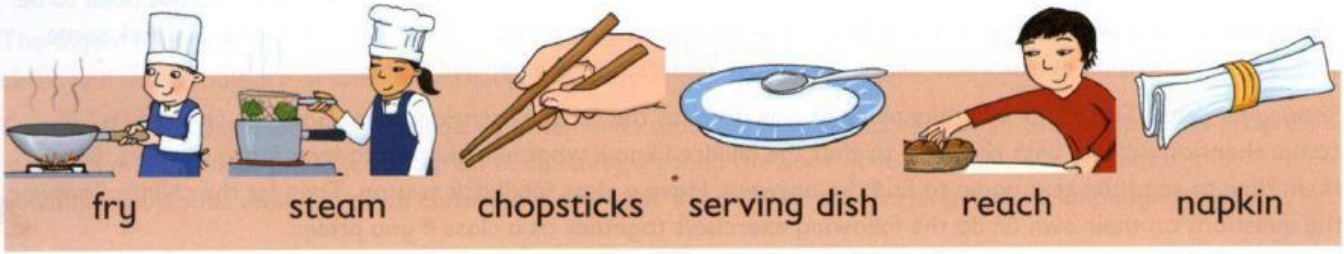
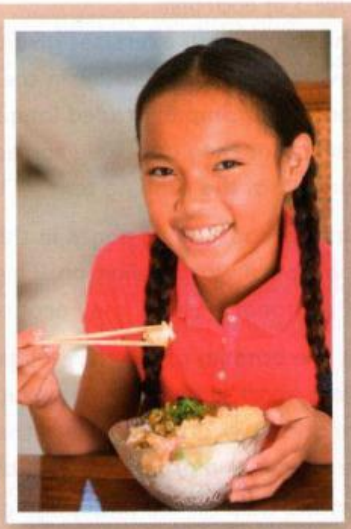
1 Eating round the world



Reading

1 01 Read and listen.

Eating in China



Hi. I'm Lin, I'm eleven and I'm from China. Chinese food is really delicious. We eat a lot of rice, noodles, vegetables and meat. We fry or steam a lot of our food. It is very healthy.

In China, people don't usually eat with knives and forks. Instead we use chopsticks and we sometimes use spoons.

We usually eat from big serving dishes. We put them in the middle of the table, but we sometimes serve portions of rice in small bowls. In China, we don't think it's rude to reach across the table to take food from serving dishes.

We do think it is rude to take the last piece of food from a serving dish for yourself. We offer it to another person instead. That is very polite.

When your bowl is empty, someone gives you more food. When you are full, you put your hand over your bowl or leave some food in your bowl. We don't put our chopsticks on top of our bowls. We put them on the table next to us when we finish eating. We don't use napkins, but we usually clean our hands with hot towels at the end of the meal.

Do you like Chinese food? Is it very different from food in your country?

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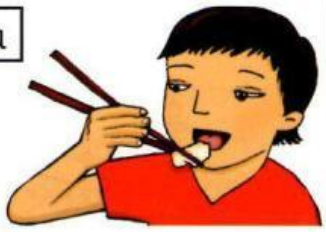
Comprehension

2 Read and tick (✔) or cross (✘).

1 Her name is Lin and she's from China. ☑
2 Lin thinks Chinese food is delicious. ☐
3 People in China always use knives and forks to eat. ☐
4 Chinese people fry or steam a lot of their food. ☐
5 It's rude to take the last piece of food from a serving dish. ☐
6 People usually use napkins in China. ☐

3 Match. Write the number.

1 It isn't rude to reach across the table in China.
2 In China, people eat with chopsticks.
3 People sometimes serve rice in small bowls in China.
4 Chinese people use hot towels at the end of a meal.
5 In China, people eat from serving dishes.
6 Chinese people eat rice, vegetables and meat.

a ☐ 

b ☐

c ☐

d 1

e ☐

f ☐

4 Read and write *Yes, they do.* or *No, they don't.*

1 Do people in China usually use knives and forks? No, they don't.
2 Do people in China eat a lot of rice and vegetables? _____
3 Do people in China eat from serving dishes? _____
4 Do people in China use napkins at the end of a meal? _____

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Vocabulary

5 Complete the sentences with the words in the box.

waiter menu ~~chopsticks~~ fry napkin reach
serving dish steam empty polite

1 Chinese people usually eat with chopsticks.
2 We usually eat from a _____ in the middle of the table.
3 I like to _____ vegetables because it's healthy.
4 In China, it isn't rude to _____ across the table.
5 British people use a _____ at the end of a meal.
6 Chinese people _____ a lot of their food.
7 The _____ is the person who brings food in a restaurant.
8 In a restaurant, you look at a _____ to choose your food.
9 In China, when your plate is _____, someone will serve you more food.
10 It is _____ to offer someone else the last piece of food on a serving dish.

6 Circle.

This is my favourite restaurant. The food here is great. I eat here with my family.

Look! I'm using [1] *chopsticks* / *spoons*.

My sister is eating a [2] *glass* / *bowl* of salad, and my mum is drinking a [3] *cup* / *plate* of coffee. There is a big [4] *knife* / *serving dish* on our table.

There are two customers at the next table. The lady is looking at the [5] *chopsticks* / *menu*. There is a [6] *towel* / *napkin* on her table and there is some bread on the table, too. The man is [7] *steaming* / *reaching* to take some bread.

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