



## FIRST QUARTERLY ASSESSMENT

### HEALTH 8

Prepared by: Ms. Donna Maye V. Martinez

Name: \_\_\_\_\_

Score: \_\_\_\_\_/70

Grade and Section: \_\_\_\_\_

Date: \_\_\_\_\_

#### I. Identify what is being described.

\_\_\_\_\_ 1. It is the dimension of human sexuality which involves growth and development of physical sexual characteristics and the ability to reproduce.

\_\_\_\_\_ 2. It refers to the dimension of human sexuality that includes feelings about someone and your attitude towards yourself and other people.

\_\_\_\_\_ 3. The dimension of human sexuality that encompasses the influences from customs and traditions.

\_\_\_\_\_ 4. A person's ideals, beliefs, and moral opinions are covered in this dimension.

\_\_\_\_\_ 5. It is a way of sharing experiences and social activities with a group of close friends or with another person.

\_\_\_\_\_ 6. It is the process by which a man seeks the affection of a woman.

\_\_\_\_\_ 7. It is one of the most important commitments we will make in our life.

\_\_\_\_\_ 8. It promotes several methods to prevent unplanned pregnancy.

\_\_\_\_\_ 9. The acronym HIV stands for \_\_\_\_\_.

\_\_\_\_\_ 10. The acronym AIDS stands for \_\_\_\_\_.

#### II. Enumeration

List down ways on how AIDS can be transmitted from one person to another.

11. \_\_\_\_\_

12. \_\_\_\_\_

13. \_\_\_\_\_

14. \_\_\_\_\_

15. \_\_\_\_\_

The two sex categories.

16. \_\_\_\_\_

17. \_\_\_\_\_

The two gender categories.

18. \_\_\_\_\_

19. \_\_\_\_\_

**III. Read each statement carefully. Write REAL if the statement is true and FAKE if it is false.**

\_\_\_\_\_ 20. T-helper cells are being attacked by the HIV.

\_\_\_\_\_ 21. AIDS can be treated by keeping your immune system healthy.

\_\_\_\_\_ 22. AIDS originated in Eastern Africa.

\_\_\_\_\_ 23. Gender defines an individual's sexual orientation at birth.

\_\_\_\_\_ 24. Scientists believe that HIV originally came from a virus particular to a gorilla.

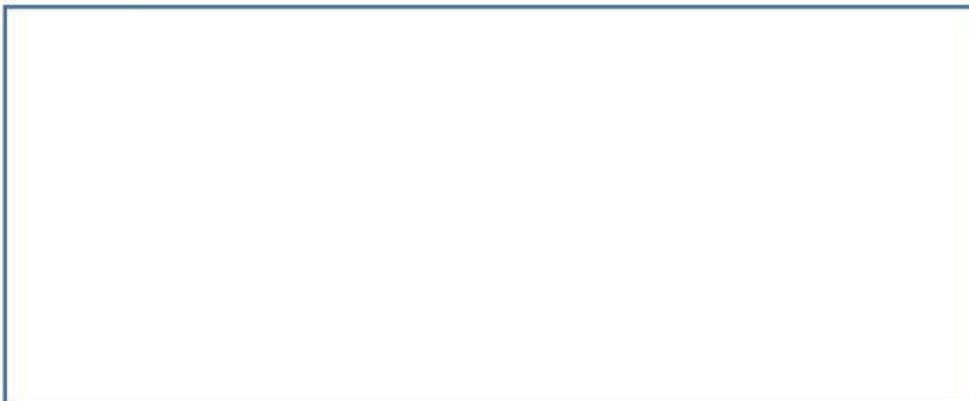
\_\_\_\_\_ 25. Human sexuality explains how we behave towards other people and to whom we are attracted.

**IV. Give examples on how human sexuality is affected by the following dimensions. Express your answers through drawing and explain it in 2 to 3 sentences.**

26-28. Biological Dimension



29-31. Psychological Dimension



32-34. Cultural Dimension

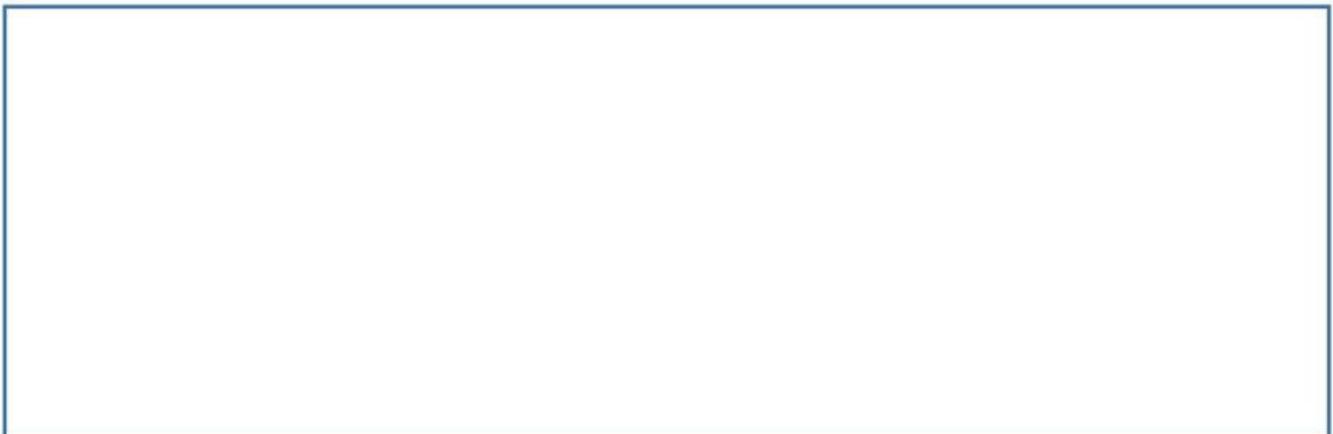


35-37. Ethical Dimension



**V. Explain the concept of “The Courtship in the Philippines Then and Now” through illustration. Choose a symbol that will best describe the comparison between “then and now”. Explain your illustration in not less than 3 sentences.**

38-40. “Then”



41-43. "Now"



VI. Using the concepts you learned in our discussion, determine the meaning behind the following pictures. Write the appropriate topic that will best describe the image then explain in not less than 3 sentences.

44-46.



Topic: \_\_\_\_\_

Explanation:

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47-49.



Topic: \_\_\_\_\_

Explanation:

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50-52.



Topic: \_\_\_\_\_

Explanation:

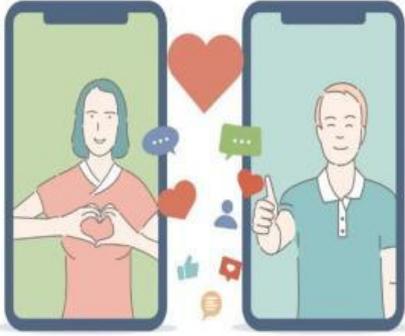
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53-55.



Topic: \_\_\_\_\_

Explanation:

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**VII. Answer the following questions in not less than 3 sentences.**

56-59. How does social media influence one's sexuality? Explain your answer and give related examples or situation.

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60-63. As a youth, how will you help spread awareness about HIV? In what way can you shed enlightenment about its nature and transmission?

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64-67. How did technology revolutionize the dating and courtship setup in the Philippines? Are you in favor of this? Yes/No, why?

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68-70. Why is marriage considered to be as one of the most important decisions you will make in your life?

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**God is good! 😊**  
**\*\*\* END OF EXAM \*\*\***