

PRACTICE TEST 1 (Unit 1,2,3)

Choose the word whose underlined part is pronounced differently from that of the others.

1. A. expert B. experience C. exciting D. exam
2. A. stand B. install C. sugar D. solve

Choose the word that has the different stress from the others.

3. A. exercise B. holiday C. mineral D. career
4. A. provide B. adopt C. happen D. inspire

Mark the letter A, B, C, or D to indicate the correct answer to each of the following sentences.

5. Having a balanced diet and _____ regularly are good ways to stay healthy.

- A. working out B. speaking out
C. taking out D. hanging out

6. You should _____ sugar and eat more vegetables if you want to be healthy.

- A. take in B. keep on C. cope with D. cut down on

7. _____ transport system will help to solve traffic problems in big cities.

- A. Private B. Individual C. Public D. National

8. People are not worried about security in this area because _____ are installed everywhere.

- A. smart cities B. smart sensors
C. smartphones D. smart cars

9. I _____ Paris recently, and it was an unforgettable experience.

- A. had visited B. have visited C. visited D. was visiting

Read the following job advertisement and mark the letter A, B, C, or D that best fits each of the numbered blanks.

JOIN OUR CREATIVE WRITING WORKSHOP!

Do you have a passion for storytelling? Are you between 16 and 25 years old? Join our Creative Writing Workshop to unleash your potential!

- (10) _____ experience required
- Exciting weekly sessions
- Opportunity to publish your work
- Meet and learn from (11) _____ authors. Register now for more (12) _____.
- Email: writershub@literature.com
- Phone: 555-0234
- Address: 22 Inspiration Drive, Novel-town

10. A. Never B. Not C. Neither D. No
11. A. renownedly B. renown C. renowned D. renowning
12. A. information B. informative C. inform D. informant

ANNOUNCEMENT OF SCHOOL SPORTS DAY

The School Athletics Department is pleased to announce:

- All athletes (13) _____ to report at the school field by 08:00 AM on June 10.
- Each team must prepare and submit their entry list for each event. Each athlete is allowed to participate in a maximum of three events.
- The school will (14) _____ trophies and medals for the winners in each category.
- (15) _____ you have any inquiries regarding the event schedule or rules, please contact the Athletics Department.

13. A. expect B. expecting
- C. are expected D. have expected

14. A. distribute B. conduct C. organize D. execute

15. A. Unless B. Whenever C. If D. As

Mark the letter A, B, C, or D to indicate the correct arrangement of the sentences to make a meaningful paragraph/ letter.

Question 16:

a. Also, volunteering helps students connect with the community, making them aware of the needs around them.

b. Finally, doing volunteer work can be a rewarding experience, as students feel good about helping others.

c. High school students benefit from doing voluntary work in many ways.

d. Additionally, students develop such important skills as teamwork and communication ones while they volunteer.

e. Firstly, students who do voluntary work gain valuable real-world experience which can help in their future careers.

A. e-c-a-b-d B. e-a-c-b-d C. c-a-b-d-e D. c-e-a-d-b

Question 17:

a. Regularly engaging in hobbies and personal interests can have a profound impact on overall well-being.

b. These activities provide a much-needed break from the routine of daily life, offering a sense of refreshment and rejuvenation.

c. Dear Sam, I've been reflecting on our discussion about balancing work and personal life, and I wanted to emphasize the importance of hobbies.

d. Hobbies also allow for personal growth and skill development, which can be fulfilling and rewarding.

e. Best regards.

f. Whether it's gardening, painting, or playing a musical instrument, these activities can also foster creativity and boost self-esteem.

A. c-a-b-f-d-e B. c-f-b-d-a-e C. c-b-d-f-a-e D. c-d-f-b-a

Mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks.

Many scientists believe our love of sugar may be an addiction. (18) _____, the sugar enters our blood and affects parts of our brain. (19) _____. Then the good feeling goes away, leaving us wanting more. All tasty foods do this, but sugar has a (20) _____. In this way, it is in fact an addictive drug, one that doctors recommend we all cut down on. "It seems like every time I study an illness and (21) _____, to the first cause, I find (22) _____ back to sugar," says scientist Richard Johnson. One-third of adults worldwide have high blood pressure, and up to 347 million have diabetes. Why? "Sugar, we believe, is one of the culprits, if not the major culprit," says Johnson. So what is the solution? It's obvious that we need to eat less sugar. Many schools are replacing sugary desserts with healthier options like fruit. Other schools are growing their own foods in gardens, or (23) _____, like walking tracks so students and others in the community can exercise.

18. A. As we will eat or drink sugary foods

B. Eating and drinking sugary foods

C. After we ate or drank sugary foods

D. When we eat or drink sugary foods

19. A. This makes us feel good

B. It makes us to feel good

C. Which makes us feel good

D. Making us to feel good

20. A. strong particularly effect

B. particularly effect strong

C. particularly strong effect

D. effect strong particularly

21. A. trace a path

B. a path to be traced

- C. tracing a path D. a path tracing
22. A. my way B. our way C. their way D. his way
23. A. facilities to build B. build facilities
- C. to build facilities D. building facilities

READING 23

Adopt a Healthy Lifestyle in Urban Areas!

Living in the city doesn't mean sacrificing your health! It's important to mind (24) _____ healthy habits into your daily routine. With stress and pollution often controlled, urban living can be invigorating and beneficial. Focusing on nutritious eating and regular exercise, helping us to boost your well-being, is considered good for health. Our cities are becoming more (25) _____ to those seeking a balanced lifestyle, offering parks and fitness facilities at every corner. Don't let a busy schedule allow your health to (26) _____ down; prioritize self-care and wellness. Engaging in community activities like yoga classes and farmer's markets promotes a sense of belonging and support. The benefits of (27) _____ are endless, from improved mental health to increased energy levels. Join the movement toward a healthier body! Embrace the vibrant opportunities urban life has to offer while taking care (28) _____ your body and mind. Start your journey to wellness today!

24. A. to incorporate B. to incorporating
- C. incorporating D. to be incorporated
25. A. friendliness B. friendly C. friendship D. friend
26. A. have B. bring C. run D. catch
27. A. a healthy urban lifestyles B. healthy urban lifestyle
- C. an urban lifestyle healthy D. a healthy urban lifestyle
28. A. from B. on C. in D. of

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions.

In the future, cities may see flying vehicles, mega bridges, and underground space. Those cities will be controlled by the Internet and the development of technologies. Technology will also be used to create a new quality of life in well-planned developments.

Transportation through tunnels will be more popular. Technology is much faster and cheaper today, so the city of the future will see more solutions, such as an underground network of tunnels that could ship 600 million packages a year. Some cities are developing the above-ground tunnel travel system in which passengers and cargo could be **transported** in shorter time.

The bridge of the future will do more than connect two points. An exciting example is that a skybridge will offer everything from pedestrian and bike **lanes** as well as services for people on it. Future cities will see skybridges as a large area with houses, offices, and restaurants.

The streets of the future city are smart. One good example is streetlights that react to what's going on around them. For example, if a crowd is leaving a stadium at night, the lamps may brighten to light the way or even warn a nearby ambulance.

(Source: <https://blog.tkelevator.com>)

Question 29. Which best serves as the title for the passage?

- A. Lifestyle in cities of the future
- B. Traffic in cities of the future
- C. Accommodation in cities of the future
- D. Education in cities of the future

Question 30. The word “**transported**” is closest in meaning to _____.

- A. travelled B. produced C. carried D. packed

Question 31. Which of the following statements about transportation through tunnels is true?

- A. It will not be used in many places.
- B. It makes travelling more expensive.
- C. It could deliver millions of packages every year.
- D. There is only an underground tunnel now.

Question 32. The word lanes can be best replaced by

- A. systems B. devices C. parks D. paths

Question 33. Which of the following is NOT mentioned as an example of a smart street?

- A. The lights in a smart street can help in some situations.
- B. The lights in a smart street can brighten to make your skin better.
- C. The lamps can brighten when people go past the street at night.
- D. The lamps can brighten when a transport passes.

Read the passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 34 to 40.

I find it really exhilarating to think about the future. Technology is advancing so quickly that in 40 years, who knows what amazing things we'll be able to do? Scientists say that by 2050, there will be over ten billion people in the world, and technology will have improved so much that we'll have a lot more information about diseases and maybe even cures. We'll all be living in eco-friendly houses, no longer burdened by **exorbitant** electricity bills. And can you imagine? We might even be able to go on vacations to Mars!

Our daily lives will be filled with new technologies that help us with things we hate doing now. We'll probably have robots in our

homes called "House Robo's" that will help us with household chores like taking out the trash, cooking, and cleaning the house. Even our kitchen gadgets like the fridge, cooker, microwave, and dishwasher will be "robotic" and send us emails or texts when food is expired or running low. The fridge will even have a camera inside, so when we're at the store, we can check what we need to buy.

They say that by 2050, we'll have regular health check-ups at home using digital devices. These devices will scan our bodies to check if we're sick or if anything is wrong. If **they** find something, a "virtual doctor" in the machine will figure out what it is and give us treatment right away. If we need medicine, it will be ordered and sent to us automatically. If the health check shows that someone is overweight, it will send a message to the household computer to change their diet and schedule gym sessions. With such **swift** intervention, people will live significantly longer, as diseases and cancers will no longer pose existential threats. Moreover, rare medical conditions of today will be better understood and readily curable.

(Adapted from scarlettlondon.com/what-will-life-be-like-in-2050)

Question 34. What is the possible title of the passage?

- A. The Exciting Future of Technology
- B. Living in Eco-Friendly Houses: A Dream Come True
- C. How Will Our Cities Look Like in The Future?
- D. The Impact of Robots on Daily Life

Question 35. The word "**exorbitant**" in paragraph 2 is opposite in meaning to _____.

- A. prohibitive B. priceless C. worthless D. exclusive

Question 36. The word "**they**" in the last paragraph refers to

- A. digital devices B. our bodies
- C. health check-ups D. home

Question 37. The word "**swift**" in the last paragraph is closest in meaning to _____.

- A. sluggish B. prompt C. unexpected D. abrupt

Question 38. Which of the following is NOT true according to the passage?

- A. Technology will provide more information about diseases and possible cures.
- B. By 2050, the world's population will be nearly ten billion.
- C. People will no longer face high electricity bills in eco-friendly houses.
- D. House robots will assist people with household chores.

Question 39. Which of the following can be inferred from the passage?

- A. The advancements in technology will make life more complicated.
- B. Vacations to Mars will become a reality by 2050.
- C. The use of digital devices for health check-ups will eliminate the need for doctors.
- D. Human life will be improved in the future thanks to the development of technology.

Question 40. What is the author's overall tone in the passage?

- A. Cynical and skeptical B. Critical and dismissive
- C. Indifferent and neutral D. Optimistic and enthusiastic

THE END