

Full name: ..... Class:

**REGULAR TEST**  
**English 7**  
**Time: 45 minutes**

**I. LISTENING:**

**TASK 1: Listen to the conversation between Tom and Lan. Circle the best answer A, B, or C. You will listen TWICE. (1.0 pt)**

1. What time does Lan often get up?  
A. 6.15 a.m.      B. 6.30 a.m.      C. 5.30 a.m.
2. Why does Tom go to school early today?  
A. Because he has to watch a film.  
B. Because his father travels on business.  
C. Because he has to do morning exercise.
3. What is Lan's opinion about Tom's hobby?  
A. It's not good for their health.  
B. It teaches them how to be brave in dangerous situations.  
C. It helps them learn more about different cultures.
4. What does Tom need to do to feel better?  
A. He needs to select some films about what to do when there is a fire.  
B. He needs to change his lifestyle for more physical activities.  
C. He needs to learn more about different cultures.
5. What does Lan think about keeping fit?  
A. She thinks it can help to study better.  
B. She thinks it can help to react better.  
C. She thinks it can help to behave better.

**TASK 2: Listen and complete the student's note. Write ONE WORD in each blank.**

**You will listen TWICE. (1.0 pt)**

**Student's note**

**SIMPLE WAYS TO KEEP FIT**

- Eat different (1) \_\_\_\_\_.
- Choose healthy drinks such as water, (2) \_\_\_\_\_ and fruit juice.
- Do not drink much (3) \_\_\_\_\_ drinks because they have lots of added sugar.
- Avoid using (4) \_\_\_\_\_ too much.
- Have an (5) \_\_\_\_\_ lifestyle.

## II. LANGUAGE FOCUS:

**TASK 1: Choose the word with a different way of pronunciation in the underlined part.**

**Circle A, B, or C. (1.0 pt)**

1. A. condition      B. protect      C. tofu
2. A. maturity      B. teenager      C. orphanage
3. A. developed      B. planted      C. needed
4. A. enjoyed      B. cooked      C. volunteered

**TASK 2: Fill each blank with the *present simple*, or *past simple* form of the verb in brackets. (2.0 pts)**

1. When Tom was a teenager, his hobby \_\_\_\_\_ (be) horse riding.
2. \_\_\_\_\_ the sun always \_\_\_\_\_ (rise) in the East?
3. When I was in Nha Trang last month, I \_\_\_\_\_ (collect) some beautiful seashells.
4. \_\_\_\_\_ Jenny \_\_\_\_\_ (volunteer) in the local hospital last summer?
5. Trung never \_\_\_\_\_ (watch) TV before finishing all his homework.
6. Julia \_\_\_\_\_ (not come) to English class last Monday.
7. Someone \_\_\_\_\_ (throw) away a pile of rubbish on the pavement yesterday.
8. My classmates \_\_\_\_\_ (be) a volunteer for some green projects 5 years ago.
9. Mimi \_\_\_\_\_ (not like) doing the gardening.
10. Hoa and Lan \_\_\_\_\_ (not be) members of my club.

**TASK 3: Choose the best option to complete each sentence. Circle A, B, or C. (2.0 pts)**

1. When children take care of their pets, they learn how to take on \_\_\_\_\_.  
A. happiness      B. maturity      C. responsibility      D. hobby
2. Some hobbies can help students learn to be \_\_\_\_\_ with their work.  
A. patient      B. popular      C. valuable      D. unusual
3. Tom is having a lot of fast food! He needs to change his \_\_\_\_\_.  
A. hobby      B. diet      C. condition      D. disease
4. Look at those students. They are picking \_\_\_\_\_ used bottles to help save the environment.  
A. over      B. in      C. up      D. on
5. My parents \_\_\_\_\_ morning exercise every day.  
A. play      B. do      C. study      D. have
6. She enjoys \_\_\_\_\_ to music while I'm doing the cooking.  
A. listens      B. listen      C. listening      D. listened
7. I usually collect \_\_\_\_\_ from different countries in the world.  
A. photos      B. books      C. music      D. stamps
8. My brother sometimes \_\_\_\_\_ books and clothes at a local charity.  
A. plants      B. donates      C. tutors      D. volunteers

## III. READING

**TASK 1: Fill in each blank in the following email with a suitable word. (1.0pt)**

**on – hobby – makes – for – started**

Dear Anna,

Thanks for your email. Now I tell you about my favourite (1) \_\_\_\_\_. I have some hobbies, but my favourite is making greeting cards. I (2) \_\_\_\_\_ this hobby two years ago. Now I can make different kinds of cards (3) \_\_\_\_\_ my family, teachers, and friends. It's an easy hobby. I just need some coloured paper, coloured pencils, and some glue. Making cards (4) \_\_\_\_\_ me more patient and creative. I enjoy it so much.

I'm sending you a card next week (5) \_\_\_\_\_ your birthday. I hope you'll like it.

Love,

Mi

**TASK 2: Read the text and choose the appropriate boxes. (1.0 pt)**

Dear Mira,

Thanks for your letter. Now I'll tell you about my hobbies.

My favourite hobby is knitting. It is strange, isn't it?. My mother taught me to knit two years ago. Now I can knit scarves and sweaters. It's great when I can give them to my relatives and friends as gifts. Knitting is also imaginative because you can knit anything you can imagine of. Besides, it is quite cheap. You only need a pair of needles and some wool.

I'm sending you a scarf next month. I'm knitting it. I hope you'll like it.

Best wishes,

Vy.

1. What is Vy's hobby?

.....

2. Did she learn this hobby from her father?

.....

3. How does she feel when she can give the scarves and sweaters to her relatives and friends?

.....

**IV. WRITING:**

**TASK 1: Reorder the words to have correct sentences (0.5 pt)**

1. his / do / What / brother / your / free / does / in / time / ? .

.....

2. Fruit / vitamins / a lot of / and vegetables / have.

.....

**TASK 2: Write complete sentences basing on the given words (0.5 pt)**

1. My grandfather / like / drink / green tea.

.....

2. Children / send / us / thank-you cards / two weeks ago.

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