

PRESENT SIMPLE & ADVERBS OF FREQUENCY

We use the present simple for **habits, repeated actions** and **routine** and for things that are always true.



positive

I/We/You/They	sing.
He/She/It	sings.

negative

I/We/You/They	don't sing.
He/She/It	doesn't sing.

questions

Do	I/we/you/they	sing?
Does	he/she/it	sing?

short answers

Yes,	I/we/you/they	do.
	he/she/it	does.
No,	I/we/you/they	don't.
	he/she/it	doesn't.

We use the present simple to talk about:

A something that is always or usually true.

She lives in England.

B a habit or routine.

He plays football every Saturday.



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The present simple can be used with adverbs of frequency:

always, never, sometimes, ever, usually, often

Adverbs of frequency say how often something happens and answer the question: **How often?**

I **usually** play video games on Saturday.

In summer, I **sometimes** go fishing.

I **never** go swimming. I don't like it.

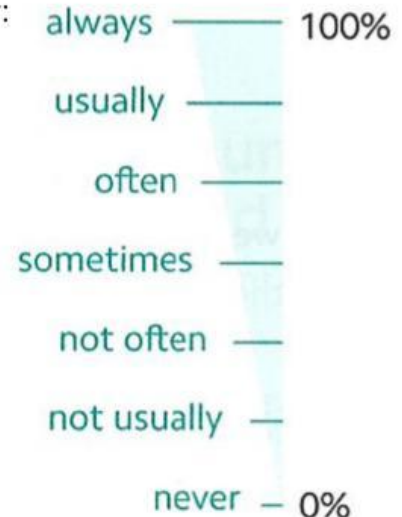
Adverbs of frequency come:

A before the main verb.

He usually takes photos at home.

B after the verb be.

She is always nervous before she performs.



Adverbs of frequency usually appear in the middle of a sentence.

The trains are **never** late.

We **usually** fly our kites on the beach.

But they can also appear in front or end position.

Sometimes he plays the piano.

Why don't you cook dinner more **often**?

We can add -ly to adjectives to say how something happens.

quick- **quickly** slow -**slowly** quiet - **quietly**

She speaks **quickly**.

Some adjectives don't change: hard - hard,

fast - fast, high - high, late - late, early - early.

She likes getting up **early**.

Some adjectives are irregular: good - well



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PRESENT SIMPLE & ADVERBS OF FREQUENCY

INSTRUCTIONS: Complete the conversation with the present simple form of the verbs in brackets.

Tim: What ¹..... you (do) in your free time?

Oliver: I ²..... (like) reading and playing cards.

Tim: ³..... your sister (play) cards?

Oliver: No, she doesn't. She ⁴..... (not like) cards.

Tim: What ⁵..... your sister (do) in her free time?

Oliver: She likes cooking. She ⁶..... (bake) cakes all the time.

INSTRUCTIONS: Complete the conversation with the present simple form of the verbs in brackets.

go (x2) like (x2) listen not be not buy not sound spend

Anna usually _____ her free time with her friends. They sometimes _____ to the cinema on Fridays. On Saturday mornings she always _____ to town with her friends. Anna _____ usually _____ anything! In the afternoon Anna and her friends often _____ to music in her bedroom. They _____ singing their favourite songs, but they _____ very good! When Anna _____ with her friends she _____ playing video games.



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PRESENT SIMPLE & ADVERBS OF FREQUENCY

INSTRUCTIONS: Choose the correct words to complete the sentences.

1. My dad doesn't like watching films. He **doesn't often go / usually goes** to the cinema.
2. Toby **never / always** plays his guitar after eleven o'clock at night because everyone is in bed.
3. Katy **often plays / doesn't often play** table tennis after school. It's her favourite hobby.
4. Matt and David **always / sometimes** watch cartoons, but not all the time.
5. My family **usually / don't often** go camping in the summer because we love being outside.
6. I **always / sometimes** dance on Saturday mornings. I have a dance lesson every Saturday at 9 a.m.

INSTRUCTIONS: Rewrite the sentences. Put the adverbs in brackets in the correct place.

1 Grace goes to camera club on Wednesdays. (always)

2 We watch films in the morning. (never)

3 They aren't late. (usually)

4 My mum sings in the car. (often)

5 Table tennis club is on a Friday. (always)

6 William doesn't go shopping. (often)



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