

I. Decide whether the sentences are true or false.

1/ A spit is a piece of meat cooked with very dry heat.	TRUE / FALSE
2/ Tender meat is too hard to eat.	TRUE / FALSE
3/ Braising liquid is moisture that partially covers food while it is being cooked.	TRUE / FALSE
4/ Parbake means preparing for baking by mixing and rubbing.	TRUE / FALSE
5/ When something is very soft and heavy because of high moisture content, it is very soggy.	TRUE / FALSE

II. Choose the correct answer.

1/ The process of cooking something in a geographical location that is more than 3500 feet above sea level is called:

- A/ high altigraph cooking
- B/ high altimetry cooking
- C/ high altitude cooking
- D/ high altitudinal cooking

2/ When something contains a large amount of moisture, it is ... :

- A/ juicy
- B/ tough
- C/ tender
- D/ soggy

3/ Soft and solid substance that contains animal fat is called...:

- A/ batter
- B/ oil
- C/ butter
- D/ lard

4/ To bake something partially and store it so that baking can be finished at a later time is to ...:

- A/ pressure bake
- B/ parbake
- C/ high altitude bake
- D/ late bake

5/ Water that has reached 212 degrees Fahrenheit and has turned into vapor or gas is also called:

- A/ spit
- B/ steam
- C/ stem
- D/ stir

III. Write down the correct word.

1/ A process for cooking over fire is called _____.

2/ Chicken cooked on a rotating stick over a heat source is called _____ chicken.

3/ To _____ something is to heat the outside of something so that its colour becomes darker.

4/ _____ is the process of suspending food above boiling water so that it can be steamed without sitting in the water.

5/ _____ is a baking substance that forms air bubbles in dough when heated and causes it to expand.

6/ A _____ is a kitchen appliance that cooks food in an enclosed space by simmering it for long periods of time.

7/ _____ is a fine powder that is made from grain, such as wheat, and is commonly used to make baked goods.

8/ _____ is a slippery, liquid substance that comes from a plant or animal and contains fat.

9/ A _____ is a metal frame inside an oven that holds food while it is baking.

10/ To _____ something is to cook surface of something quickly in a shallow pan.