

Therapeutic Companion - English

①

Grammar and Vocabulary

1) Circle the correct option

- A nurse work/works at a hospital
- Psychology is/are the science of the mind and mental states.
- Thomas suffer/suffers from hallucinations
- Josefina don't/doesn't sleep too much

2) Look at these people. What is the problem? What should/shouldn't they do?



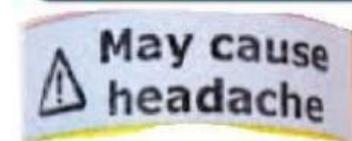
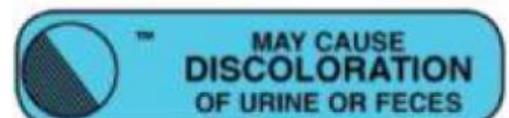
Example:

He has insomnia

-He should practice relaxation techniques

-He shouldn't drink coffee

3) Interprete el significado de estas etiquetas



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4) Fill in the blanks with the correct form of the verb. Use **am/is/are + going to**

1. Juana _____ (get) her medication tomorrow.
2. You _____ (begin) your exercise program next week.
3. We _____ (watch) our weight.
4. I _____ (check) my blood pressure.
5. They _____ (go) to their support group next week.

Reading

5) Read and answer the questions

Sigmund Freud was an important psychologist. He made a theory about the mind. He said the mind has three parts: the id, the ego, and the superego.

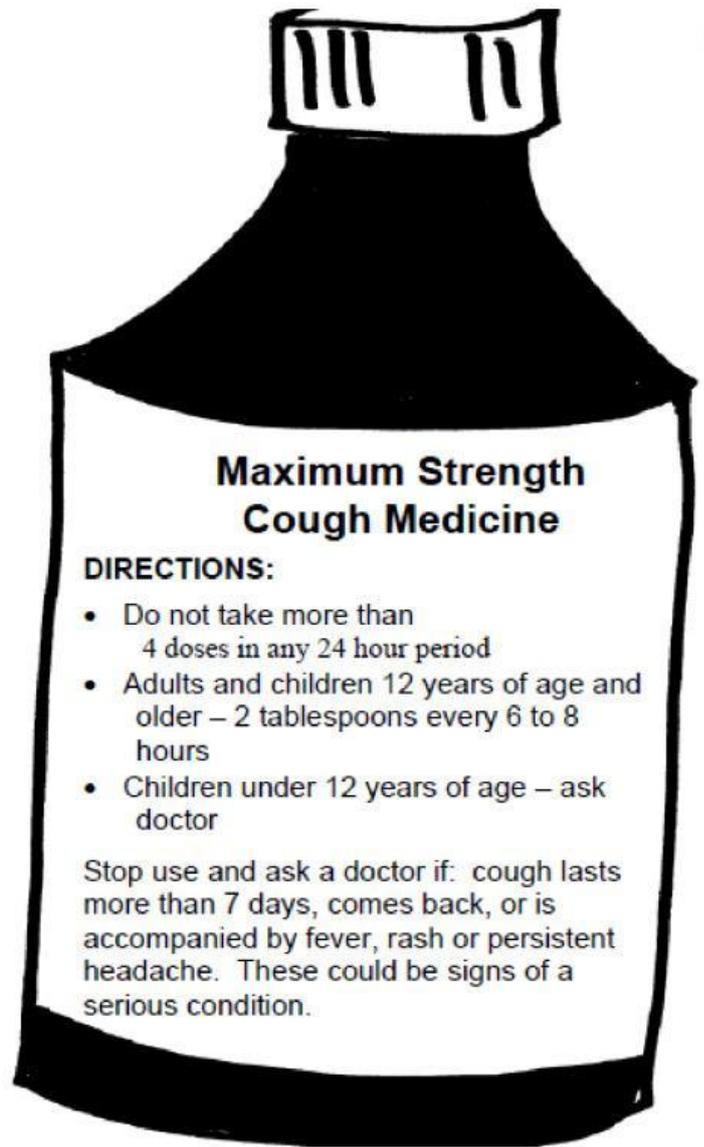
- The id wants pleasure and is not aware of reality.
- The superego helps with moral choices and is mostly *not* aware.
- The ego balances the id and superego. It is mostly aware and thinks about what is real.



1. Who was Sigmund Freud?
2. What did Freud say about the mind?
3. Name the three parts of the mind.

Reading

6) Read and Circle the correct option



1: How much medicine should adults and children 12 years and older take every 6 to 8 hours?

- a) 1 tablespoon
- b) 2 tablespoons
- c) 3 tablespoons

2: What should you do if a child under 12 needs to take the medicine?

- a) Give them 2 tablespoons
- b) Ask a doctor
- c) Give them 1 tablespoon

3: When should you stop using the medicine and see a doctor?

- a) After 5 days
- b) If the cough lasts more than 7 days or comes back
- c) After 3 days