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## Tradition on a Plate – British Cuisine

### "More than fish and chips!"

British cuisine is special because it mixes traditional dishes with (1)\_\_\_\_ flavors. While some people used to make fun of British food for being boring, it has changed a lot over the years. The food is simple, but full of taste, using fresh, local ingredients. There are also exciting national varieties (such as English, Scottish or Welsh).

Many meals are (2)\_\_\_\_ with meat, potatoes, and vegetables, but people also use many spices and sauces today to create flavorful dishes.

One of the most famous meals in Britain is the *Sunday Roast*, which is usually eaten on (3)\_\_\_\_. It includes roasted meat (like beef, (4)\_\_\_\_, or lamb), roast potatoes, vegetables, and gravy. It is often served with Yorkshire pudding, a soft, baked batter.

British cooking is also known for dishes like pies, such as steak and kidney pie, made with meat and gravy inside a pastry. Another famous dish is fish and chips, where fish is (5)\_\_\_\_ and served with thick-cut fries.

The British are famous for their love of tea. It is more than just a drink; it's a daily (6)\_\_\_\_. In the afternoon, many people enjoy afternoon tea, which comes with small sandwiches, cakes, and scones. Some even call it *"the best part of the day."* Whether it's a strong cup of black tea or a light tea with milk and (7)\_\_\_\_, tea time is an important part of British culture.

For dessert, people often enjoy sticky toffee pudding, a sweet cake with a sticky (8)\_\_\_\_ sauce. As for an alcoholic drink, (9)\_\_\_\_, especially British *ale*, is very popular.

British cuisine may have had a reputation for being bland in the past, but it is now known for exciting flavors and (10)\_\_\_\_ cooking, with something for everyone to enjoy.



### Word Bank

creative, chicken, caramel, tradition, made, fried, modern, beer, Sundays, sugar