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Flavors of the Melting Pot - American Cuisine

"Where every bite tells a story."

American cuisine is as diverse as the people who live there. What makes it unique is its variety of influences from all over the world, reflecting the idea of the USA as a "melting pot" of people and cultures. Immigrants from different (1)_____ brought their food traditions, and these blended together to create something new. That's why American cuisine can include Italian pizza, Chinese stir-fry, and (2)_____ tacos all in the same city!

Many typical ingredients have roots in Native American traditions, especially the "Three Sisters" crops: corn, squash (or pumpkin), and beans. These (3)_____ have inspired many American dishes, especially around Thanksgiving. Turkey, a popular main course during both Thanksgiving and (4)_____, also connects modern cuisine to early American traditions.

Other common ingredients in American cooking include beef, chicken, potatoes, and wheat. Common cooking (5)_____ are grilling, baking, and (6)_____. Fast food, which is popular around the world, also started in America.

Three examples of typical American main courses are (7)_____, fried chicken, and barbecue ribs. For dessert, apple pie is an all-time favorite, often described as "as American as apple pie." As for (8)_____, in diners and coffee shops you can always get some filter coffee (drip coffee), but the espresso-based *Americano* is also a popular option for coffee fans. The most American alcoholic drink is *Bourbon* whiskey, often called 'America's Native Spirit' because of its deep cultural ties to the country.

American cuisine truly reflects the country's rich history and diversity, from Native American roots to the influence of the various cultures that continue to mesh together, offering something for (9)_____!



Word Bank

Christmas, hamburgers, Mexican, frying, countries, drinks, everyone, vegetables, methods