



Mészáros Szófia

The Spice of Life – Mexican Cuisine

"Mexican food is a celebration of flavor!"

Mexican cuisine is (1)____ for its bold and exciting tastes. It stands out because of the use of fresh ingredients, colorful dishes, and spicy flavors. Bitter spices like chili powder and cumin are often used, giving the food a strong and unique taste. Some dishes even have roots in ancient Mayan culture, making Mexican food rich in history.

Mexican food is known by (2)____ like corn, beans, chili peppers, and tomatoes. Corn is often used to make *tortillas*, which are (3)____ in many dishes. Avocados, a superfood rich in antioxidants, are also frequently used. Beans and rice are common in Mexican meals.

Mexican people love to cook using methods like grilling, frying, and slow-cooking. Grilling meat and vegetables adds a smoky flavor, while slow-cooking makes the food tender and (4)____.

Some typical Mexican dishes include *tacos*, *enchiladas*, and *quesadillas*. *Tacos* are soft tortillas (5)____ with meat, beans, and vegetables. *Enchiladas* are tortillas rolled around a filling and covered with sauce. *Quesadillas* are soft tortillas filled with cheese and sometimes meat or vegetables. For dessert, *churros* are very popular. These are fried dough sticks rolled in (6)____ and sugar. When it comes to hot drinks, Mexican people enjoy hot chocolate, which is often made with spices like cinnamon. A favorite alcoholic drink in Mexico is (7)____, which is made from the agave plant.

In conclusion, Mexican cuisine is famous for its fresh ingredients, (8)____ flavors, and variety of dishes. It is loved by people all over the (9)____ and continues to (10)____ with its unique tastes.



Word Bank

world, famous, soft, enjoyed, impress, ingredients, present, filled, tequila, cinnamon, strong