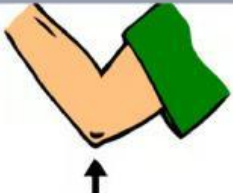
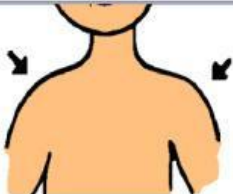
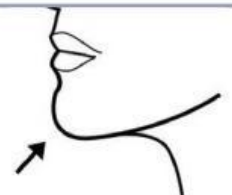


5 Health & The Body

health	υγεία Playing sports is good for your health.	
healthy	υγιής, υγιεινός Eating lots of fruit and vegetables keeps your healthy. Milk, cereal and fruit is a healthy breakfast.	
sick, ill	άρρωστος My brother won't go to school today, because he's sick.	
sickness, illness	ασθένεια, αρρώστια There is a sickness in the animals on the farm.	
headache	πονοκέφαλος Please don't play the drums, I've got a headache.	
noise	φασαρία, θόρυβος "What's that noise?" "I think it's the rain outside."	

dark	σκοτάδι Brandon always sleeps with a light on because he's afraid of the dark.	
brush	βουρτσίζω I brush my teeth and my hair every morning.	
toothbrush	οδοντόβουρτσα	
cold	κρυολόγημα I don't feel well. I think I have a cold.	
cough	βήχας, βήχω Ben has to go to the doctor because he has a bad cough.	
earache	πόνος στο αυτί Some people get an earache when they travel by plane.	
nurse	νοσοκόμος, νοσοκόμα The nurse will ask you some questions before the doctor sees you.	
toothache	πονόδοντος Miss Maria doesn't like ice cream sandwiches because she gets a toothache.	
temperature	θερμοκρασία, πυρετός The boy has a temperature, so he has to stay in bed.	

exercise	γυμνάζομαι, γυμναστική Healthy people try to exercise every day.	
See you later!	Τα λέμε αργότερα! I'm going shopping now. See you later!	
I'm fine, thanks!	Είμαι καλά, ευχαριστώ.	
day out	βόλτα, ημερήσια εκδρομή We will have a lovely day out with my aunt tomorrow. We will have a picnic near the cove.	
back	πλάτη, μέση I can't do any exercise until my back is better.	
elbow	αγκώνας Lots of tennis players have problems with their elbows.	
knee	γόνατο My mum says that gardening is bad for her knees.	
shoulder	ώμος Look at that boy! There is a parrot sitting on his shoulder.	
stomach	στομάχι, κοιλιά My friend can't eat some foods because they hurt his stomach.	

toe	δάχτυλο ποδιού When you wear flip flops, you can see your toes!	
hurt	πονάω My knee hurts because I fell down.	
wonder	αναρωτιέμαι Rose wonders how many days there are before Christmas.	
sure	σίγουρος Don't worry. I'm sure you will win the game!	
related	σχετικός, συγγενικός "Are you related to that boy?" "Yes, he's my cousin."	
explain	εξηγώ Miss Poppy will explain this exercise again.	
neck	λαιμός Giraffes have got really long necks.	
cheek	μάγουλο Babies usually have big, round cheeks.	
chin	πιγούνι Old people sometimes have hair on their chins.	

beard	μούσι, γενειάδα Wizards in stories usually have long beards.	
moustache	μουστάκι My grandpa has got a big moustache.	
straight hair	ίσια μαλλιά Nina has got straight, blond hair.	
curly hair	σγουρα μαλλια Gina has got dark, curly hair.	
blond, fair hair	ξανθά μαλλιά Cat Noir has got fair hair.	
dark hair	σκούρα μαλλιά Ladybug has got dark hair.	
trousers	παντελόνι He is wearing nice trousers for the party.	
skirt	φούστα Kate is also going to the party, so she is wearing a pretty skirt.	
sweater	πουλόβερ We wear sweaters in winter when it gets cold.	

swimsuit	μαγιό We wear swimsuits in summer when we want to go to the beach.	
helmet	κράνος You must always wear a helmet when you ride your bike.	
pocket	τσέπη I've got some money in my pocket. Let's buy some snacks!	
uniform	στολή (σχολική, στρατιωτική) Children in the UK wear school uniforms.	
bracelet	βραχιόλι Sally likes wearing bracelets around her arm.	
necklace	κολιέ Tourists love these shell necklaces from our shop.	
ring	δαχτυλίδι Older people often wear a ring to show they're together.	
earring	σκουλαρίκι The Girl with the Earring is a popular painting.	
crown	στέμμα Kings and Queens usually wear crowns.	

gold	χρυσός The winner of the race will get a gold medal.	
silver	ασημένιος, ασήμι The second best of the race will win the silver medal.	
glass	γυαλί Windows are made of glass.	
wool	μαλλί, μάλλινος Wool sweaters are very warm.	

**Match the body parts to the red spots on the picture.
(click on the word and drag the pencil)**

Ear

Cheek

Eye

Shoulder

Mouth

Elbow

Hand

Toes

Leg



Hair

Chin

Neck

Fingers

Nose

Stomach

Arm

Knee

Foot