

In my opinion, achieving balance is key. Governments should work with eco-tourism initiatives while maintaining well-managed traditional attractions. Responsible tourism that respects both the environment and cultural heritage is the ideal approach.

Exercise 3. Dịch các câu dưới đây sang tiếng Anh.

1. Có nhiều hoạt động để tham gia ở công viên vào cuối tuần.

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2. Những du khách tham quan các địa điểm nổi tiếng mỗi năm.

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3. Nhiều người thích thư giãn ở bãi biển trong các kì nghỉ của họ.

.....

4. Một chế độ ăn cân bằng bao gồm các loại hoa quả và rau.

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Homework

Exercise 1. Điền từ còn thiếu thích hợp để hoàn thành bài viết sau.

Students who are studying for important school exams should stop sports lessons. Discuss.

Some parents may think that while their children are (1) for important school exams, they shouldn't have sports lessons. This could be because they want them to focus on exam subjects more, like science and maths. For a similar reason, some parents think children should also stop painting and music lessons in the final school term so they can (2) more time studying. However, I disagree with these views, and believe that children should continue to have sports lessons.

Firstly, schools need to encourage young people to follow a healthy (3) and get regular exercise. Many young people don't do enough exercise. They prefer to spend their free time indoors on their computers or (4) TV than going to the park and playing tennis, or (5) cycling. Many people today are overweight and have health (6) There is a lot of information about eating healthily, but people often forget that regular exercise is equally important.

Secondly, exercise helps us feel less stressed and tired. It also (7) memory and helps us think clearly. When students are studying for exams, it's a good idea to take regular breaks and do something active for 20 minutes. Exercise also helps us to (8) better on difficult tasks and helps us sleep better at night. Doing exercise may even help students get better results in their exams.

In conclusion, I believe that students who are revising for important exams should continue to have sports lessons because regular exercise is good for their body and mind.

Exercise 2. Viết dạng đúng của các động từ trong ngoặc để hoàn thành bài viết dưới đây.

People nowadays spend their free time less actively than in the past. Do you agree or disagree?

Some people say that people are less active than they (be) 1. in the past. There (be) 2. points for and against this idea, but overall, I agree with the statement. In this essay, I will explain why.

In my opinion, the main reason why people are less active is computers. Several years ago, we went to speak to our colleagues. We walked to their desk or office. Now we (send) 3. an email without getting up from our seat. Even our free time is less active because we play computer games and go on social media. Before, people walked to a café to meet their friends or they went to their house. Nowadays, though, we chat online at home. In the twentieth century, children (do) 4. many activities. In today's world, parents are scared for their children's safety, so they (prefer) 5. to keep them at home. For many, it is easier to stay at home than to go out.

On the other hand, some physical activities are becoming more popular. There (be) 6. more gyms than there used to be and it is fashionable to go running or to the gym. In my view, though, only some people do these things. Most people join a gym, but they (not go) 7. regularly. However, they never stop playing computer games and watching TV! Also, these days, everyone (take) 8. their driving test as soon as possible and starts driving. In the past, young people walked and went by bus.

To sum up, I agree that people are less active in their free time compared with the past. Now people are lazier and less fit than they were before.

Exercise 3.

a.  **► 5.3** Nghe và điền ít nhất 1 từ bạn nghe được chứa các âm dưới đây.

Describe your dream job.

My dream job is to be a teacher. I love helping people learn new things and enjoy seeing them improve. Teaching allows me to share my knowledge and make a difference in students' lives. There is something very rewarding about explaining a difficult concept and seeing the moment when a student understands it. I have a passion for subjects like math and science, and I want to make these subjects interesting and fun for students.

In this job, there would be many opportunities to develop new skills and gain experience. I would also aim to communicate well with my students and create a positive learning environment. There is nothing more satisfying than achieving targets and seeing students succeed. Being a teacher also means continuous learning, as education is always evolving. Overall, I believe teaching would be a fulfilling and enjoyable career for me.

/m/	/b/	/p/
/f/	/v/	/w/

b.  Ghi âm luyện tập đọc lại đoạn văn trên.



Lesson 6. ENVIRONMENT (1)

Pronunciation	Consonants 2: /t/, /d/, /l/, /n/, /z/, /r/
Vocabulary	Environment
Grammar	Subject-verb agreement (2)

Lesson preparation

Trước khi đến lớp, bạn cần hoàn thành phần bài tập sau để đảm bảo việc tiếp thu kiến thức trên lớp đạt hiệu quả. Sau khi làm xong, bạn có thể xem video chữa bài nhé.

Yêu cầu	Trạng thái hoàn thành
Exercise 1. Nối 2 cột để tạo thành từ vựng đúng tương ứng với nghĩa cho trước.	<input type="checkbox"/>
Exercise 2. Nối từ với nghĩa tiếng Việt tương ứng.	<input type="checkbox"/>
Exercise 3. Đọc đoạn văn dưới đây và chọn đáp án đúng.	<input type="checkbox"/>
Vocabulary box. Hoàn thành bảng từ vựng.	<input type="checkbox"/>

Exercise 1. Nối 2 cột để tạo thành từ vựng đúng tương ứng với nghĩa cho trước.

1. endangered	a. loss	Những loài có nguy cơ tuyệt chủng
2. natural	b. species	Môi trường sống tự nhiên
3. illegal	c. spill	Săn bắt động vật trái phép
4. climate	d. habitat	Biến đổi khí hậu
5. global	e. change	Hiệu ứng nhà kính
6. habitat	f. warming	Mất môi trường sống
7. oil	g. hunting	Sự cố tràn dầu

Exercise 2. Nối từ với nghĩa tương ứng.

1. endangered species	1 -	a. The place where animals and plants live naturally.
2. natural habitat	2 -	b. Small pieces of rubbish such as paper, cans and bottles, that people have left lying in a public place
3. pollution	3 -	c. The cutting down of trees in a large area

4. litter	4 -	d. Hunting animals without legal permission
5. deforestation	5 -	e. Long-term changes in the temperature and weather patterns
6. illegal hunting	6 -	f. The destruction or alteration of the natural living places of organisms
7. climate change	7 -	g. The process of making air, water, soil, etc. dirty; the state of being dirty
8. global warming	8 -	h. The gradual increase in the Earth's average temperature
9. habitat loss	9 -	i. The release of oil into the sea or other body of water.
10. oil spill	10 -	j. Animals or plants that are in danger of disappearing forever

Exercise 3. Đọc đoạn văn dưới đây và chọn đáp án đúng.

Rebecca Miles – wildlife presenter

Rebecca Miles has always loved animals. When she was a child, she liked watching documentaries, TV programmes about real people and events. She also enjoyed going to the local zoo with her grandparents. Her father was an environmentalist, someone who works to protect the natural world, and she and her mother often went on trips with him, travelling to Africa and other parts of the world.

Rebecca studied zoology at university and began her career at a wildlife centre in Zambia. She worked with chimpanzees and studied how they live. She was also interested in learning more about big cats like mountain lions. She made her first TV programme when she was 27. It was a documentary about tigers.

While she was in Asia, filming the documentary, she met her future husband, Ray. He was one of the cameramen on the programme. They quickly realized that they shared the same interests and cared about animals in danger. Now Rebecca and Ray work together on many different projects.

Apart from Zambia, Rebecca has travelled and worked all over Africa and Asia, and she and Ray are now planning to take their very first trip to South America to study mountain lions in the Andes. They would like to show where the mountain lions live and what they eat. They're interested in giving people information about the mountain lions and how to protect them.

Rebecca would like to write a book about her work and her life one day. She wants to make people think about the world they live in and all the amazing animals that are in danger. She'd like to show us that we can help even if we never travel to the places where those animals live.

1. As a child, Rebecca went to Africa
 - A with her grandparents.
 - B with her parents.
 - C only with her mother.
2. Rebecca met Ray
 - A when she was working in Africa.
 - B when they were working in Asia.
 - C when he was presenting a documentary.
3. Rebecca and Ray
 - A have not been to South America.
 - B have been to Africa and Asia together.
 - C have worked in Zambia.
4. In the Andes, Rebecca wants to teach people
 - A how to give food to the mountain lions.
 - B how to live next to the mountain lions.
 - C that the mountain lions need our help.
5. One of Rebecca's aims is
 - A to think about dangerous animals.
 - B to become an author.
 - C to make people travel more.

Vocabulary box

English	CEFR	Phonetics	Vietnamese
	B1	/ɪn'deɪndʒəd 'spi:ʃi:z/	Những loài có nguy cơ tuyệt chủng
Natural habitat (n)	B2	/nætʃrəl 'hæbɪtæt/	
Pollution (n)	A2	/pə'lu:ʃn/	
	B2	/'lɪtər/	Rác thải
	B2	/,di:ʃɔ:rɪ'steɪʃn/	Sự tàn phá rừng
	B2	/'rɪ:lɪ:gl 'hʌntɪŋ/	Săn bắt trái phép
	A2	/'klaɪmət ʃeɪndʒ/	Biến đổi khí hậu
Global warming (n)	B1	/'gləʊbl 'wɔ:mɪŋ/	
	B2	/'hæbɪtæt lɒs/	Sự mất môi trường sống
Oil spill (n)	B2	/'ɔɪl spɪl/	