

Survival tips

- 1 Climb a hill so that you can see over the top of the trees. When you've found a hill, look to see if there is a river. You can follow the river out of the jungle to safety.
- 2 Find a dry place, but don't camp very near trees. It isn't safe to camp near trees because trees and branches can sometimes fall.
- 3 Wear strong insect repellent to keep dangerous insects away. Always look in your shoes before you put them on. Some insects like to hide in shoes and they will bite or sting you.
- 4 It's hot in the jungle, so it's important to drink enough water. Have you run out of water? Boil some water from a river to make it clean and safe to drink.
- 5 It's very important to stay cheerful. Think about how you will feel when you are safe with your family again. Try not to worry too much.
- 6 The sun and the stars can help you to find your way out of the jungle.



Make a safe camp

Keep insects away

Look up at the sky

Drink lots of clean water

Try to think happy thoughts

Find a hill